

# UNIDAD EDUCATIVA BENJAMIN FRANKLIN

## DIAGNOSTIC TEST

Subject: English

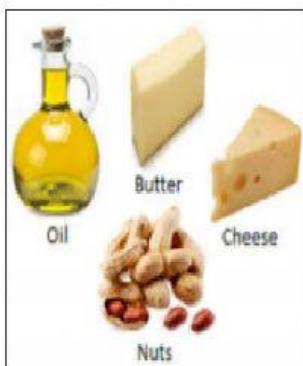
Teacher: Stanley Oshimeje

Course: 8<sup>TH</sup> SCIENCE

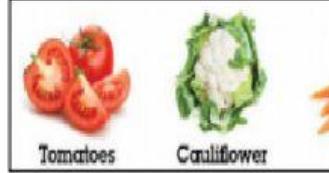


### A. NUTRIENTS

1. Match each food to the nutrient it contains.

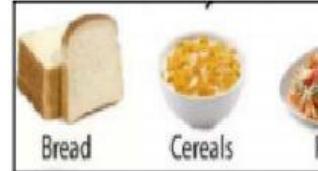


carbohydrates



Tomatoes Cauliflower

fats



Bread Cereals P

proteins



LEAN BEEF CHICKEN

vitamins and minerals

- Choose the correct nutrient to complete the definition

- \_\_\_\_\_ help us stay healthy
- \_\_\_\_\_ Help us grow they make your hair and nail grow they also repair body tissue
- \_\_\_\_\_ Build a store of extra energy for when we need it
- \_\_\_\_\_ give us energy to study ride bike and run.

- Classify each food by writing the number of nutrients they contain

**1. Carbohydrates**



**2. Fats**



**3. Proteins**



**4. Vitamins and minerals**

Rice \_\_\_\_\_

Broccoli \_\_\_\_\_

Pasta \_\_\_\_\_

Chorizo \_\_\_\_\_

**B. MATTER**

Complete the statements below

Matter is anything that has

The three states of matter are (a) \_\_\_\_\_ (b) \_\_\_\_\_ (c) \_\_\_\_\_

An element is a substance that

A mixture contains two or more

The two types of mixtures are (a) \_\_\_\_\_ (b) \_\_\_\_\_

