Hail to the chef!

1-a Do you like cooking? What's your favorite dish?

I'm a chef so people often ask me about the food that I eat. I like food that´s healthy and simple to make.

Breakfast is very important. I always have orange juice and an egg on toast. I don't eat any cereal because I don't like milk.

For lunch I make a sandwich. This is my favorite sandwich: take two slices of bread and put some mayonnaise on one. Cut some cold chicken. Then add some lettuce and a tomato. Tomatoes are brilliant. They have a lot of vitamin A and C. They protect your skin and they're good for your eyes and immune system. Delicious!

In the evening, I usually cook for my mom and dad. We don't eat fish because my dad doesn't like it, but we sometimes have meat. We all like pasta – a lot of pasta. It gives you energy and it's great with salad. Try a spinach, avocado and parmesan cheese salad! It's easy to make and good for your body and your brain.

Adapted from English in Motion. Richmond UK

1-b True or false? Correct the false sentences.

1 Miranda likes junk food.
False – She likes healthy food.

2 She has a sandwich for lunch.
_____

3 She likes tomatoes.
_____

4 Her mom cooks dinner.
_____

5 They eat a lot of fish.
_____

6 In her house, pasta isn't popular.
_____

1-c Answer the questions.

1 What's Miranda's job?
She's a chef.

2 What's in her favorite sandwich?
_____

3 Why are tomatoes healthy?
_____

4 Why does she like pasta?
_____

5 What's in her salad?
_____

6 Why does she like this salad?
_____

What foods can you find in the text? -No less than 10 words!

Eggs,

What does Miranda have for breakfast?

What does she have for lunch?

What does she have for dinner?

LIVEWORKSHEETS