

Complete the sentences with a suitable transitional word or phrase.

1 Eating out a lot can be harmful to your health for many reasons_____

most restaurant desserts have a lot of sugar in them.

2 Indian food is usually very spicy because of the ingredients_____

ginger, garlic and chilli powder.

3 Different restaurants have different rules for guests to follow_____

you can only wear formal clothes or children under a certain age aren't allowed.

4 Big cities like New York usually have a variety of cuisines_____

Italian, Indian and Chinese.