

A Match the sentence halves.

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|---|--------------------------------|
| _____ 1. You can buy fresh fruits and vegetables at farmers' | a. meal of the day. |
| _____ 2. It's not a good idea to eat foods with a lot of | b. ingredients. |
| _____ 3. Not all foods are | c. markets. |
| _____ 4. Grains, proteins, and vegetables are all part of a healthy | d. available in every country. |
| _____ 5. Some people recommend breakfast as the biggest | e. sugar. |
| _____ 6. Before cooking a dish, make sure you have all the | f. diet. |

B Circle the correct words to complete the paragraph.

In every country, the (1) *meals / crops* farmers grow depend on the climate. For example, rice is an important (2) *vitamin / grain* in Malaysia because the climate is (3) *warm and wet / hot and dry*, and rice (4) *grows / is growing* well in water. So, Malaysians usually (5) *eat / are eating* rice every day, but they (6) *prepare / prepared* it in a variety of ways.

C Circle the time phrase in each sentence. Then write the verb in the simple present, present continuous, or simple past.

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|--|---|
| 1. I usually _____ (eat) cereal for breakfast. | 4. Yesterday, I _____ (have) dinner with Jie. |
| 2. Last month, I _____ (travel) to Peru. | 5. Normally, my dad _____ (do) the shopping. |
| 3. Right now, I _____ (watch) TV. | 6. Mom _____ (make) the soup now. |

D Complete the conversation with the simple present, present continuous, or simple past form of the verbs in the box. Use each verb only once.

Anya: Hi Kamal, what are you eating?

Kamal: It's *dal makhani*, a traditional Indian dish.

Anya: Did you cook it?

Kamal: No, my mom (1) _____ it.

Anya: Ah, but do you know how to make it?

Kamal: Actually, I (2) _____. My grandmother (3) _____ my mom how to make it years ago, and now my mom (4) _____ me. Would you like to try some?

Anya: Yes, please. It looks delicious!

Kamal: It's my favorite Indian dish. My family (5) _____ from Northern India. Everyone (6) _____ dal makhani there. It's really popular.

Anya: I can see why!

come learn love prepare show teach

