

Theme 3

Unit 4 Sport and Health

1 Read the information below about the game of rugby.

In 1845, three boys at Rugby School in England published the rules of a game that had been played at their school for over a hundred years. They called this game 'rugby football'. All modern forms of rugby have developed from this game, as well as other games such as American and Canadian football. The best known rugby game is called rugby union. The most important tournament of this game is the Rugby World Cup. This takes place every four years and is one of the biggest sporting events in the world. Only football's World Cup and the Olympic Games are watched by more people than the Rugby World Cup.



Source: <https://www.englishclub.com/vocabulary/sports-rugby.htm>

2 Listen to Nasser talking with Ahmed. Circle the correct answers.

- 1 Rugby and football are _____.
a. very similar b. completely different c. similar but also different
- 2 A rugby team has _____ a football team.
a. fewer players than b. more players than c. as many players as
- 3 In a rugby team, _____ of the players can handle the ball.
a. all b. none c. one
- 4 The aim of a rugby match is to score _____.
a. points b. goals c. points and goals
- 5 A rugby match is divided into two halves with a break of _____.
a. at least 10 minutes b. 15 minutes c. no more than 10 minutes
- 6 A rugby ball is _____.
a. round b. oval c. easy to bounce
- 7 Rugby is _____ football.
a. more popular than b. as popular as c. less popular than