



BEFORE WATCH - VOCABULARY

LOOK AT THE PICTURES AND WRITE THE NAMES

BAKING - - SELF DEFENCE - BOULDERING - SINGING - YOGA -
EATING - SKYDIVING - VOLLEYBALL - BADMINTON - WATER SKIING























WATCH THE VIDEO AND COMPLETE THE TABLE



BAKING - WATER SKIING - SELF DEFENCE - BADMINTON - SINGING -
JOGGING - EATING - SKYDIVING - VOLLEYBALL -

NAMES	LIKES...	WOULD LIKE TO ...
HOLLY	YOGA CLASSES AT THE HEALTH CLUB - SPINNING, CIRCUITS, STEP CLASSES	TRY
REEMA	,	
AKSHAY		
MARY		LEARN - SPORTS
ANNETTE		
CHEE	, STROLLING, AND BOULDERING	TRY



WATCH THE VIDEO AGAIN. MATCH THE COMMENTS WITH THE ACTIVITIES.

1. I WOULD REALLY BE PROUD OF MYSELF IF I TRIED (THIS).

2. IT'S LIKE ROCK CLIMBING BUT WITH MAN-MADE ROCKS.

BOULDERING

3. IT LOOKS VERY DIFFICULT.

4. I'M ACTUALLY ON MY WAY TO (THIS ACTIVITY) RIGHT NOW.

5. I TRY TO DO (THIS) ONCE A WEEK WITH A GROUP OF GUYS.

6. I TRY TO DO (THIS) ALL WEEKEND OR WHENEVER I HAVE FREE TIME.

7. IT DOES GET MY HEART RATE GOING ... IT MAKES ME HAPPY.

8. I LOVE THE STUFF SHE BAKES.

9. MAYBE I'LL DO THAT IN THE FUTURE.

10. I'M NOT VERY GOOD AT IT.



ABOUT YOU! READ AND ANSWER ABOUT YOU.

- WHAT ACTIVITY WOULD YOU LIKE TO DO? WHY?

- WHICH IS THE MOST EXCITING?

- WHICH IS THE MOST DANGEROUS?

- WHICH IS THE WORST ACTIVITY FOR YOU? WHY?