

Name.....

## Test Unit 1 – Part 1

What does David do to stay healthy? Listen and tick (✓) or cross (X). WAH6\_U1\_A1

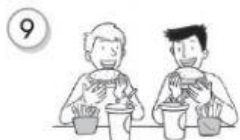
- 1 Do exercise
- 2 Play outside
- 3 Wear sun cream
- 4 Eat healthy snacks
- 5 Eat junk food and have fizzy drinks
- 6 Drink enough water
- 7 Miss breakfast
- 8 Have a check-up
- 9 Spend time on the computer
- 10 Get enough sleep

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Complete the phrases.

do exercise    drink enough water    eat healthy snacks    eat junk food  
get enough sleep    go to bed late    have a check-up    have fizzy drinks    miss breakfast  
spend time on the computer    play outside    wear sun cream



- 1.....
- 3.....
- 5.....
- 7.....
- 9.....
- 11.....

- 2.....
- 4.....
- 6.....
- 8.....
- 10.....
- 12.....

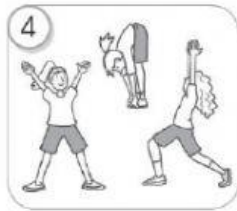
Classify the key words below according to their tense use.

Name.....

USUALLY - NOW - TODAY - SOMETIMES - AT THE MOMENT - ALWAYS - NEVER -  
 LISTEN! - OFTEN - HARDLY EVER - LOOK! - ONCE A WEEK - SHHHHHHHH - EVERY DAY -  
 RIGHT NOW - STOP! - TONIGHT - THIS WEEK.

| Present simple | Present Continuous |
|----------------|--------------------|
|                |                    |

Read and complete the sentences with the correct form of the verb.



1. He .....fizzy drinks at home. (not have)
2. They always ..... sun cream in the summer. (wear)
3. He .....a lot of time on the computer every day. (spend)
4. It's time for PE. They .....exercise today. (do)
5. It's 4 o'clock and he..... a healthy snack. (eat)
6. She often .....to bed late.(go)
7. They often ..... junk food. (eat)
8. She ..... enough water. (not drink)
9. It's break time,now. They .....outside. (play)
10. He ..... breakfast this morning. (miss)

GOOD LUCK!

