

A day in the life of Alex (simple present)

1) Watch part 1, complete the sentences with the verbs in the CORRECT FORM.

check	eat	get up	fill
ride	drink	make	not-wear

a. He gets up at 7:30.
b. He his e-mails.
c. He his bike to work.
d. He some water.
e. He his breakfast.
f. He toast for breakfast.
g. He his water bottle.
h. He a uniform.

2) Watch part 2, Work. Read and mark true (T) or false (F).

a. Alex arrives at work and drinks a coffee.
b. He drinks his coffee and reads the newspaper.
c. He starts work at 8:30.
d. Alex collects and delivers big packages around the city.
e. His work day isn't very busy.
f. He doesn't ride fast because there is a lot of traffic in the city.

3) Watch part 3, lunchtime. Match questions and answers. There are extra options

<u>after 1:00 o'clock</u>	<u>a sandwich</u>	<u>Outside</u>	<u>pizza</u>	<u>8 hours</u>	<u>before 1:00 o'clock</u>	<u>in the park</u>	<u>10 hours</u>
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a. What time does he have lunch? _____
b. What does he eat? _____
c. Where does he eat? _____
d. How many hours does he work? _____

4) Watch part 4, the end of the day. Complete with the correct words. There are three extra words.

<u>isn't</u>	<u>day</u>	<u>girlfriend</u>	<u>breakfast</u>	<u>has</u>	<u>home</u>	<u>morning</u>	<u>evening</u>	<u>job</u>	<u>sleeps</u>
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Alex arrives _____ at about 7:00 o'clock. He loves his _____ but at the end of the day he is tired. He _____ a shower and cooks his dinner. He _____ married but he has a _____ from Chicago. Every _____ he talks to her using the internet. In his free time he plays the guitar. He goes to bed at 11:00 o'clock.