A day in the life of Alex (simple present)

1) **Watch part 1, complete the sentences with the verbs in the CORRECT FORM.**

check	**eat**	**get up**	**fill**
ride	**drink**	**make**	**not-wear**

a. He __gets up____at 7:30.
b. He _____his e-mails.
c. He _____ his bike to work.
d. He _____ some water.
e. He _____ his breakfast.
f. He _____ toast for breakfast.
g. He _____his water bottle.
h. He _____ a uniform.

2) **Watch part 2, Work. Read and mark true (T) or false (F).**

a. ___ Alex arrives at work and drinks a coffee.
b. ___ He drinks his coffee and reads the newspaper.
c. ___ He starts work at 8:30.
d. ___ Alex collects and delivers big packages around the city.
e. ___ His work day isn't very busy.
f. ___ He doesn't ride fast because there is a lot of traffic in the city.

3) **Watch part 3, lunchtime. Match questions and answers. There are extra options**

after 1:00 o'clock	**a sandwich**	**Outside**	**pizza**	**8 hours**	**before 1:00 o'clock**	**in the park**	**10 hours**

a. What time does he have lunch? _____
b. What does he eat? _____
c. Where does he eat? _____
d. How many hours does he work? _____

4) **Watch part 4, the end of the day. Complete with the correct words. There are three extra words.**

isn't	***day***	***girlfriend***	***breakfast***	***has***	***home***	***morning***	***evening***	***job***	***sleeps***

Alex arrives _____ at about 7:00 o'clock. He loves his _____ but at the end of the day he is tired. He _____a shower and cooks his dinner. He _____ married but he has a _____ from Chicago. Every _____ he talks to her using the internet. In his free time he plays the guitar. He goes to bed at 11:00 o'clock.

LIVEWORKSHEETS