

Self-Study Guide #1 for 11- 5 grade May



Unit 1 :Love what we do!

Themes: 3.Follow the recipe/4Give me a taste

School Name: Liceo de San Roque

Subject: English. Level: 11th

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Esta guía se realizará del 3 al 18 de Mayo en la medida de las posibilidades. Recuerde que si tiene dudas puede contactar al docente a través de Teams o el día martes donde se aclararan dudas. Puede contestarla en liveworksheets o en tareas en Teams.

Persona estudiante: _____

Sección: _____

Subgrupo: A ☐ B ☐ C ☐

Tipo de escenario: Virtual ☐ Presencial ☐ Mixto ☐

Número telefónico: _____

Correo electrónico: _____



1. Me preparo para hacer la guía/ Getting ready to do my self-study guide

Pautas que debo verificar **antes de iniciar** mi trabajo. /Aspects to verify before I start working:

Materiales o recursos que voy a necesitar/ Materials needed	<i>Suggested materials:</i> • Notebook, pencil, pen, eraser, highlighters, etc. • Self- study guide #1 for 11th grade • Computer & Internet access if possible
Condiciones que debe tener el lugar donde voy a trabajar/ Conditions of the place to work	• Work in a place where you do your assignments and homework daily.
Tiempo en que se espera que realice la guía/ Expected time to work this self-study guide	• This self-study guide will take you 80 minutes to be completed.



2. Voy a recordar lo aprendido en clase. Recalling what I learned in class.

Indicaciones /	Dear student,
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Instructions	The following tasks will help you to reinforce and review information related to <u>Unit #1: Love What We Do! Ingredients for Healthy Living, Add a Pinch of a Positive Attitude, Follow the recipe: a Plan for success, Give me a Taste: Stories of Successful People</u> , however the goals of this Self- Study Guide are included at the end of this document, in the rubric: "Nivel de Desempeño" / "Performance Level".
Actividad / Activity Preguntas para reflexionar y responder Questions to reflect on and answer	Think about the following questions: 1. What means having a healthy lifestyle? 2. What makes people successful? 3. Who is a successful model for you? 4. What would you do to have a successful future?



3. Pongo en práctica lo aprendido en clase / Putting into practice what I learned in class.

Indicaciones / Instructions	Task 1: Watch the video about Oprah Winfrey's own recipe for success. Write at least 3 suggestions she gives to become successful. Use the following link: https://sapiensevn-repo.s3-us-west-2.amazonaws.com/videos/Costa+Rica+2020/SpeedUp/11/P27_Oprah+Winfrey+++5+Minutes+For+ThEXT+50+Years+of+Your+LIFE.mp4 Note: Page 27 in your textbook exercise 1. <i>Suggestions</i> 1. _____ 2. _____ 3. _____
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Task 2: Phrasal Verbs (Textbook pages 30 and 31)

Phrasal verbs are phrases that combine a **VERB** with a **PREPOSITION** or an **ADVERB** or even **BOTH**. This phrase functions as a **VERB** whose **MEANING** is different from the combined meanings of the individual words. (adapted from Merriam Webster.com)

There are many examples of phrasal verbs. Let's take a look at some phrasal verbs related to the topic in this unit.

- ▶ **GET AHEAD**: In order to **GET AHEAD** at her work as a singer, Gaga is participating in a lot of projects.
- ▶ **DRAW UP**: To be successful, Cristiano first **DREW UP** his goals and made a plan.
- ▶ **DO OVER**: Gaga's first album had many mistakes, so she **DID** all the work **OVER**, corrected her errors and became famous.
- ▶ **RUN OUT OF**: When good artists **RUN OUT OF** time for a project, they work over time.
- ▶ **CARRY ON**: Even if you feel tired, you must **CARRY ON** doing what you love.
- ▶ **COME ACROSS**: Scientists **CAME ACROSS** the cure for the virus as they were working with rats in a lab.
- ▶ **LOOK BACK**: Don't **LOOK BACK** in time anymore and concentrate in your opportunities now.

1. After reading the examples in the chart, it's time to figure out their meanings. Match the phrasal verbs with their meanings.

- | | |
|-----------------------------------|---|
| draw up ☐ | ☐ be successful in the work that you do |
| look back ☐ | ☐ prepare something in writing like plans or a formal document |
| come across ☐ | ☐ repeat something |
| carry on ☐ | ☐ when there is no more of something because it has all been used or is completely finished |
| do over ☐ | ☐ continue |
| run out of ☐ | ☐ discover something by accident |
| get ahead ☐ | ☐ think about something that happened in the past |

Write next to each phrasal verb in the chart its corresponding definition.

Phrasal Verb	Definition
draw up	
look back	
come across	
carry on	
do over	



run out of	
get ahead	

Task 3.1. Read the following text
Who inspires you?

A woman who has recently inspired me is Alexandria Ocasio-Cortez, who is the youngest woman ever to be elected to Congress. She's going to become a fantastic role model for both young women and young men.

A woman who really inspires me is Leslie Feinberg. She was a feminist and gender theorist. She was brave enough to live her truth in an unforgiving world, to live as a butch lesbian in '70s and '80s America despite all the discrimination and violence that she faced.

My friend Kate is a real inspiration to me. When I first met her she had a stable, regular job. Then she surprised all of us by moving to Guatemala to help young women who are experiencing sexual violence find a place of safety in a refuge.

A woman who inspires me is Marie Colvin. She was an American journalist and paid the ultimate price for discovering the truth. She was killed in Syria doing her job and was perhaps the bravest woman to ever be a journalist.

JK Rowling. When she wrote the Harry Potter books she was in a really difficult place in her life. She managed to make this contribution, a massive contribution to children's literature.

A woman that inspires me is my grandmother. She moved from London to South Africa and worked at a newspaper. She was a kind, loving, amazing human being and she set up a life for myself and my family.

Phillis Wheatley. She was born in West Africa and was sold as a slave at the age of eight and she went to the US, where she learned to read and write. When she was 20 she wrote her first book of poetry – and it was the first book to be published by an African American woman ever – and lived the rest of her life as a free woman.

A woman that inspires me is my aunt. She's had a couple of really rough years with my uncle having ALS and she always puts on a brave face and she always puts her family first and is just always super positive.

Another woman that inspires me is Dian Fossey, just a phenomenal woman, when conservation wasn't cool it wasn't trendy and she actually got killed for something that she believed in and she just really inspires me, and I cry every time I hear the music.

A woman who's really inspired me is my mum. A woman that has inspired me my whole life is my mother, Anita. A woman that inspires me is my mum. Because she has always told me to go after what I want in life and take every opportunity given to me. She always inspires me to go after what I want, no matter what



roadblocks stand in my way. She's tough but caring and she's a great fashionista. She was the first person in her family to get a degree and she got that degree when she went back to school at 36 years old, and she was pregnant with me. Also she has the best chorizo pasta recipe and she's passed it down to me, so, yeah, for that I am thankful. She just inspires me with her capability basically.

Task 3.2. Read the names in the box and write down them next to each profession.

Alexandria Ocasio-Cortes-Leslie Feinberg-Marie Colvin
JK Rowling-Phillis Wheatley-Dian Fossey

- a children's book writer _____
- b. an American journalist _____
- c. an African American poet _____
- d. a US congresswoman _____
- e. a conservationist _____
- f. a feminist and gender theorist _____

Task 3.3. Based on the reading, answer the following two questions.

A. Write down from the last paragraph, the most important sentence or known as the main idea.

B. Write down from the last paragraph, three supporting sentences that help the main idea.

- 1. _____
- 2. _____
- 3. _____

VOY A CONCLUIR HACIENDO ESTA PEQUEÑA AUTOEVALUACION AL TERMINAR MI GTA



Self-Assessment				
At the end of this Self Study Guide, I analyze my level of achieved performance.				
What to do? I check with "X" my progress in each indicator.				
Assessment Strategies	Indicators of learning	Performance Level		
		NOT ACHIEVED	IN PROGRESS	ACHIEVED
✓ R.2. Recognizes main ideas from supporting ideas about the topic role model. Reconozco ideas principales de secundarias en el texto acerca de un modelo a seguir..	-Identifies main ideas, supporting details from texts about role model. Identifica las ideas principales, apoyando detalles de textos sobre un modelo de vida.	I think I cannot achieve the task. -Creo que no puedo. _____	I can achieve the task with some difficulty and needs improvement -Puedo con cierta dificultad, necesito más práctica. _____	I can the task without any difficulty -Puedo hacerlo sin ninguna dificultad. _____
✓ W.2. Writes the corresponding meaning to phrasal verbs Escribo el significado correspondiente a las frases verbales.	W.2.2. Writes the corresponding meaning to phrasal verbs . Escribo el significado correspondiente a las frases verbales.	I think I cannot achieve the task. -Creo que no puedo. _____	I can achieve the task with some difficulty and needs improvement -Puedo con cierta dificultad, necesito más práctica. _____	I can the task without any difficulty -Puedo hacerlo sin ninguna dificultad. _____
✓ L.1. Identifies main ideas about a successful person life. Identifico ideas principales acerca de la vida de una persona exitosa.	Identifies some suggestions given by a successful person. Identifico algunas sugerencias dadas por una persona exitosa.	I think I cannot achieve the task. -Creo que no puedo. _____	I can achieve the task with some difficulty and needs improvement -Puedo con cierta dificultad, necesito más práctica. _____	I can the task without any difficulty -Puedo hacerlo sin ninguna dificultad. _____

EVALUACIÓN DOCENTE – Teacher's Evaluation



Assessment Strategies	Indicators of learning	Performance Level		
		NOT ACHIEVED	IN PROGRESS	ACHIEVED
✓ R.2. Recognizes main ideas from supporting ideas about the topic role model. Reconozco ideas principales de secundarias en el texto acerca de un modelo a seguir..	-Identifies main ideas, supporting details from texts about role model. Identifica las ideas principales, apoyando detalles de textos sobre un model de vida.	The task solved show many difficulties.. _____	The task solved shows some difficulties. _____	The task solved is clearly done. _____
✓ W.2. Writes the corresponding meaning to phrasal verbs Escribo el significado correspondiente a las frases verbales.	W.2.2. Writes the corresponding meaning to phrasal verbs . Escribo el significado correspondiente a las frases verbales.	The task solved show many difficulties.. _____	The task solved shows some difficulties. _____	The task solved is clearly done. _____
✓ L1. Identifies main ideas about a successful person life. Identifico ideas principales acerca de la vida de una persona exitosa.	Identifies some suggestions given by a successful person. Identifico algunas sugerencias dadas por una persona exitosa.	The task solved show many difficulties.. _____	The task solved shows some difficulties. _____	The task solved is clearly done. _____

Feedback