

SETTING GOALS

MY BUCKET LIST

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MY GREATEST ACHIEVEMENT IN A SIX-WORD STORY

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SHORT-TERM ATTAINABLE GOAL

ACTIONS TO REACH YOUR GOAL

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LIFE'S BUSINESS PLAN

PERSONAL DESCRIPTION: Where are you right now?

PRODUCT: Description of who you want to be

PERSONAL MANAGEMENT: Who is in your life and what role do they play?

STRATEGIC PLAN: Timelines – Actions – Resources

FINANCIALS: What is the cost (financial and personal)
What is the expected gain (financial and personal)

EXECUTIVE SUMMARY: Motivational message to yourself