

Match these words with the definitions.

baked **boiled** **fast** **fresh** **tasty**

fried **frozen** **healthy/unhealthy**

raw **roast** **spicy** **stale**

1 with a hot, strong flavour

2 good, with lots of flavour

3 not cooked

4 good/bad for your body

5 preserved by becoming extremely cold

6 cooked in hot oil

7 cooked in very hot water

8 to describe cakes cooked in an oven

9 to describe meat cooked in an oven

10 recently picked, caught or prepared

11 made or served very quickly, e.g. burgers and
pizzas

12 old and bad, not fresh