

UNIT 1

Grammar

1. Complete the sentences with the present simple form of the verbs.

- a. Paul _____ (look) very tired today.
- b. Why _____ you _____ (think) he's sad?
- c. Angela _____ (not want) to take the test.
- d. Sally _____ (work) as a psychiatrist.
- e. I _____ (not believe) they are good products.

2. Complete the sentences with the present continuous form of the verbs.

live	work	sleep	study	not get
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- a. Shhh! The baby _____
- b. _____ those researchers _____ people's happiness?
- c. Nowadays, people _____ as much sleep as in the past.
- d. Which clinic _____ the doctor _____ in?
- e. People in some places _____ longer because of their diet.

3. Complete the sentences with the present simple or the present continuous form of these verbs.

eat	come	go	dance	sleep
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- a. My father always _____ with the light on.
- b. The boys _____ their lunch at the moment.
- c. Your dog often _____ into my garden.
- d. She _____ in a competition today.
- e. _____ you _____ biking very often?

4. Complete each sentence with the words in parentheses in the correct order. Use the present simple.

- a. _____ late for class. (always / Jeff / be)
- b. _____ a nap in the afternoon. (often / Sally / take)
- c. _____ in a bad mood in the morning. (never / Dad / be)
- d. _____ at night. (rarely / the baby / wake up)
- e. _____ out in restaurants. (don't / we / eat / often)

Vocabulary

5. Complete each sentence with do, play, or go.

- a. My mother likes to _____ yoga in the backyard to help her relax.
- b. My father likes to _____ hiking on the weekend to get some fresh air.
- c. He prefers to _____ his homework in his bedroom.
- d. My sister has to _____ the violin every night because she is practicing for the school concert.
- e. I often _____ shopping for clothes with my mother.

6. Complete the sentences with these words.

book	shopping	marathon	bike
hiking	surfing	crossword	piano

- a. We like to _____ through the countryside.
- b. Do you ever go _____ in the hills?
- c. My mother does the _____ in the newspaper.
- d. People run a _____ through our city in September.
- e. I love to relax by reading a good _____.
- f. My little sister plays the _____ very well.
- g. I don't enjoy going _____ on Saturdays. It's too busy in town.
- h. Does he ever go _____ in the ocean?

Writing

7. Circle the correct adverb of frequency.

I have a very busy week. On Monday mornings I *always* / *never* get up at six o'clock so that I can catch the train to London. I *usually* / *occasionally* arrive at my office by nine o'clock, and then we have a meeting to plan the week's work. After that, I check my emails and make some phone calls. In the afternoon I *never* / *always* meet my clients and I finish work at six o'clock. In the evening I *sometimes* / *never* go to a restaurant with friends or see a movie. I *always* / *sometimes* stay in the same room at the Grand Hotel, which is very nice and also close to the office.

8. Write 100 words describing your regular routine each week, using adverbs of frequency and the present simple.

UNIT 2

Grammar

1. Circle the correct options to complete the sentences.
 - a. You *must not* / *don't have to* kick the ball when you play basketball. You can only use your hands.
 - b. We *must not* / *don't have to* go to the football game. We can watch it on television.
 - c. If the fire alarm rings, you *must* / *don't have to* go straight outside. It's important to be quick.
 - d. In many countries, you *must* / *must not* wait until you are 18 to drive.
 - e. You *don't have to* / *must not* come tonight. Stay at home if you prefer.

2. Complete the ad with these words. Use each word or phrase once.

can	don't have to	must	can't	must
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Come and join the Sydney Half Marathon on Sunday, May 5th

Rules:

Competitors _____ be over the age of 16.
You _____ follow the official route of the marathon.
You _____ use any form of transportation; you must run or walk.
You _____ wear a costume, but many people do.
You _____ stop at the rest point to have a drink.
You must fill out a form and pay a \$10 entry fee.
The lucky winner will win a prize of \$500!

3. Complete the sentences with the correct form of the verbs from the box.

fail	play	watch	wake up	read
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- a. She's really good at _____ the violin.
- b. I don't like _____ TV – it's so boring!
- c. He hates _____ early on the weekends.
- d. I'm worried about _____ my exam.
- e. _____ a book is a great way to pass the time on a train.

4. Circle the correct options to complete the conversation.

A: Why are you *cleaning* / *clean* the house?
B: It's dirty. Why?
A: It's such a nice day. Why don't we *doing* / *do* something outside? *Staying* / *Stay* at home is so boring.
B: OK. What do you think about *go* / *going* for a run?
A: I hate *run* / *running*!
B: OK, how about *going* / *go* for a walk in the mountains?
A: That's a good idea. We could *taking* / *take* a picnic with us.
B: Great! I love *eat* / *eating* outside on a sunny day.
A: Good, you can *making* / *make* the picnic for us, then!

Vocabulary

5. Complete each sentence with the correct word from the list. Not all words will be used.

games	goals	lines	players	races	teams
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- a. He is the fastest runner in the school and he wins most _____ easily.
- b. We have two great soccer _____ in our school—the girls' and the boys'.
- c. Mud bowl football is like American football, but the _____ have to play in half a meter of mud.
- d. My brother scored two fantastic _____ last night! Did you see them?
- e. If we win the next two soccer _____, we'll be in the finals!

6. Complete each sentence with one or two words.

- a. Someone who plays tennis is called a/an _____.
- b. Someone who does athletics is called a/an _____.
- c. Someone who cycles is called a/an _____.
- d. Someone who plays golf is called a/an _____.
- e. Someone who swims is called a/an _____.

Writing

7. Complete the conversation with these phrases.

You should go to	I'm not interested	That sounds fun
Would you like to join	I'm not good at	

Ana: _____ the running club with me?

Mary: No thanks, Ana. _____ in running.

Ana: Well, how about the singing group?

Mary: _____ singing.

Ana: _____ the photography club. I think you'd enjoy that.

Mary: _____. I got a new digital camera, and I want to practice using it.

8. Write a short text (about 100 words) telling the rules of a game, sport or competition you know.