Name	Date	
Name	Date	

## ReadWorks | "Food Resources in the Pacific Islands"

Place each product below in the appropriate column. Research each item and provide at least two health benefits for each.

coconut	yam	banana
pineapple	taro	tuna
shellfish	crab	cocoa

Fishing	Agriculture	Health Benefit(s)
	coconut	benefits heart health promotes blood sugar control

