Name _____ Date _____

ReadWorks | "Food Resources in the Pacific Islands"

Place each product below in the appropriate column. Research each item and provide at least two health benefits for each.

coconut	**yam**	**banana**
pineapple	**taro**	**tuna**
shellfish	**crab**	**cocoa**

Fishing	Agriculture	Health Benefit(s)
	coconut	benefits heart health promotes blood sugar control

LIVEWORKSHEETS