# Extra Training

# Complex Revision Test

# Task 781

**1. Listen and match the problems (1-6) to the speakers (A-E). There is one extra problem.**

1. The speaker is worried about their health.
2. The speaker wishes they could do more with their friends.
3. The speaker is having problems with their schoolwork.
4. The speaker feels too busy.
5. The speaker is unhappy with their appearance.
6. The speaker is worried about a change in their life.

| A | B | C | D | E |
|---|---|---|---|---|
| | | | | |

## Vocabulary

**2. Fill in:** *(Two words are extra!)*

*zone breath shifts long put out read hold wages part-time double*

1. work _____ hours
2. get low _____
3. _____ the fire
4. take a deep _____
5. to _____ a map
6. have a _____ job
7. _____ in size
8. to _____ a record

**3. Fill in:**

*remedy indigestion rub insomnia stomach immune vessels sickness.*

1. The _____ system is designed to defend our bodies against bacteria.
2. _____ the cream on gently until it is absorbed.
3. Honey is used as a natural _____ to treat wounds, burns and cuts.
4. _____ is a sleep disorder in which a person can't sleep.
5. Arteries are blood _____ that carry blood from the heart to the rest of the body.
6. Eating in a hurry can cause _____.
7. Drinking chamomile tea if you have overeaten can help soothe an upset _____
8. Some people tend to get travel _____ when they are in a moving car.

**4. Choose the correct words.**

1. Ouch! I've _____ my ankle and it really _____ !
   *sprained / pulled* *pains / hurts*
2. Alain can _____ from balconies with his bare hands. *hang / crawl*
3. It's easy to get a(n) _____ from playing virtual sports. *injury / damage*
4. The girl fell and was in a lot of physical _____ . *pain / ache.*
5. The boy walked around barefoot and had _____ feet. *upset / sore*

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## 5. Match the sentences to make exchanges. (There is an extra sentence!)

*Yes, I think that might help.* *First of all, don't panic.* *Oh no. What should I do?*
*Let's have a look at it.* *Only if it gets worse.* *Well, it's my back.*
*Why don't you make a study plan?* *Are you sure?*

**A:** What seems to be the problem? **B:**_____

**A:** _____ **B:** Is it very bad, doctor?

**A:** I'm afraid it's infected. **B:**_____

**A:** _____ **B:** Is there anything you can give me for it?

**A:** You should put some antibiotic cream on. **B:**_____

**A:** _____ **B:** Should I come back and see you again?

**A:** _____

## 6. Complete the sentences with a reflexive pronoun (myself, herself etc), or an object pronoun (me, her etc)

1. She taught _____ Javascript from tutorials on the Internet.
2. Remember to take your umbrella with _____.
3. He decided to be honest with _____ and face up to the truth.
4. You look very pleased with _____, children! What have you been up to?
5. When you leave don't forget to close the door behind _____.
6. Helen's problem is that she likes talking about _____ too much.
7. Come on children! Hurry up and dry _____ before you get cold.
8. It's time we gave _____ a really good holiday.
9. If you have finished Alice's task, give it back to _____.
10. Sorry but you can't have a mobile with _____during the exam.

## 7. Read the text. Four sentences are missing. Match the sentences (1-5) to the gaps (A-D). There is one extra sentence.

As we all know computers can be a real pain - in the neck, back, wrist and eyes - with long-term use. A_____. People are also ending up in emergency rooms with cuts, bruises, sprains and broken bones irom computers. According to a recent study, there was a 732-per-cent increase in what researchers call "acute computer related injuries" during a 13-year-study from 1994 to 2006. B_____. These acute computer related injuries are due to tripping over computer equipment, computer equipment falling on people and people hitting computer equipment. The study showed that the majority of these computer related injuries (93%) happened at home. More than half the injuries happened when people were moving their computers. The monitor was the computer part that caused the most injuries. C_____ . But by 2006 the injury rate associated to monitors had dropped due to the introduction of smaller, lighter flat screen monitors.

People mostly injured their hands, feet, arms and legs in the accidents. D_____. They got hurt most often by climbing or playing near computer equipment. It's important to also note that children had the highest injury rate of any other group. In regards to the rapidly increasing amounts of injuries, researcher Lara McKenzie said, "We never see such rapid increases like that, and we look at consumer products all the time.' She hopes the results will increase efforts to establish official safety standards for home offices. E_____.

Some simple suggestions include keeping computer equipment away from edges of desks, organising cords in a safe way and attaching heavy equipment to walls or floors. Such simple ideas can prevent injuries and turn a dangerous computer into a safe one.

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1. This increase is more than double the increase in household computer ownership in those same years.
2. For children, on the other hand, head injuries were most common.
3. Her study didn't include injuries from laptops.
4. The percentage of monitor related injuries increased significantly until 2003.
5. But it's not just these injuries that call for concern.
6. Already information sheets and guidelines are available to create safer computer work areas.

| A | B | C | D | E |
|---|---|---|---|---|
| | | | | |

***8. Grammar. Complete the sentences with the BEST correct Tense:***

**1.** She _____ **(visit)** musical school three times a week.
**2.** Look! Boys of your form_____ **(play)** football.
**3.** I'm happy I_____ **(fly)** home tomorrow.
**4.** The bus_____ **(leave)** at 6:30 p.m.
**5.** Why _____ **(you/be)** so angry? – My sister_____ **(always/take)** my clothes without permission.
**6.** They_____ **(meet)** their friends at the station two hours ago.
**7.** She_____ **(not/like)** flying by plane.
**8.** I'm cold. I_____ **(put on)** my jacket.
**9.** Yuri Alexeevich_____ **(play)** the violin when the principal _____ **(come)** in.
**10.** She_____ **(not/pass)** her driving test yet.
**11.** _____ **(you/go)** to the cinema yesterday?
**12.** I think it _____ **(rain)** soon. Look at the sky!
**13.** What_____ **(you/do)** at 8 o'clock yesterday morning.
**14.** She_____ **(type)** her report for three hours.
**15.** Their son_____ **(be)** five next August.

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