2 **GRAMMAR** quantifiers, *too*, *(not) enough*

a Complete the sentences with *a few, a little, much, many,* or *a lot of.*

1 Max is quite overweight because he eats *a lot of* _____ chocolate.

2 Excuse me! Can I ask you _____ questions about your diet?

3 How _____ pieces of fruit do you eat a day?

4 How _____ sugar do you have in your coffee?

5 Could I have _____ more tea, please?

6 I watch _____ TV – usually four or five hours a day.

7 _____ sunshine is good for you, but no more than 15 minutes a day.

8 I only drink _____ cups of coffee a day – maybe two or three.

b Match 1–6 to a–f to make sentences.

1 The problem with your diet is that you eat __c__

2 You're probably having problems sleeping because you drink ____

3 If you want to lose weight, make sure you do ____

4 I don't like the gym because there are ____

5 I know I need to do more exercise, but when I finish work, I'm just ____

6 Jason's dad had a heart attack, but luckily they got to the hospital ____

a too tired.

b early enough.

~~c too much sugar.~~

d too much coffee late at night.

e enough exercise.

f too many people and not enough machines.

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c Rewrite the sentences with the words in brackets.

1 You need to do more exercise. (enough)
You don't do *enough exercise.* _____

2 You need to drink less beer. (too much)
You drink _____.

3 You go to bed too late. (early enough)
You don't _____.

4 Are you getting all the sleep that you need? (enough)
Are you getting _____?

5 You need to stop eating all those biscuits – they're bad for your teeth. (too many)
You eat _____.

6 I think my diet includes the right amount of fruit and vegetables. (enough)
I think I eat _____.

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