

LIGAMENTS AND TENDONS

A. Drag the following words to complete the sentences.

joints	muscles	white	elastic
yellow	stretch	non-elastic	bones
bones	flexible	bone	tough

Ligaments join _____ to _____ at _____.

They are very _____ and _____ to allow for this.

_____ ligaments are sturdy, while _____ ligaments are more elastic.

Tendons attach _____ muscles to _____.

They are made of _____, _____ fibres since they must not _____ when the muscles contract.

B. Label the diagram below by dragging the correct label into place.

bone

ligament

muscle

tendon

