

**ICM**INSAN
CENDEKIA
MADANI**PUSH and PULL
are FORCES**

Name

:

Class

:

Teacher

:

Date

:

Pre-assessment

Individual guided
practice✓ Independent/fluency
practice

Formative Assessment

Marks:

Score:

100**Choose the correct answer and answer the question.**

	push	pull
	push	pull
	push	pull
	push	pull
	push	pull

Is it easier to push or pull something with a rope?

Choose the correct answer and answer the question.

	push pull
	push pull
	push pull
	push pull
	push pull

Is it easier to push a box or a box on wheels?

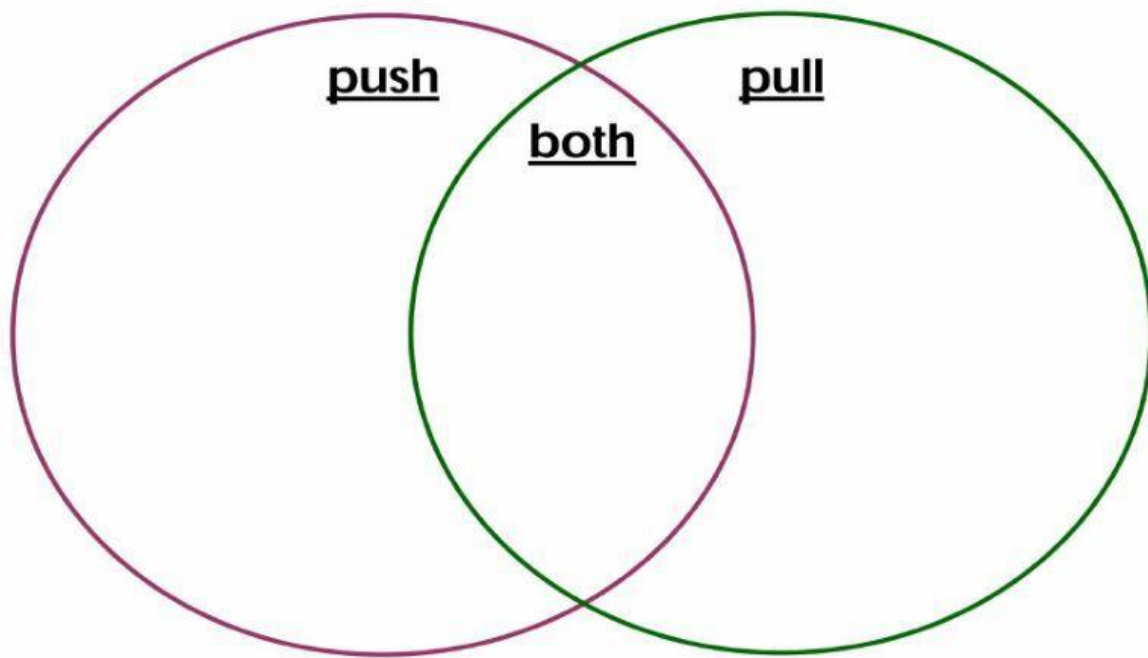
Write each activity in the diagram below.



A **push** is a force that moves something farther away.

A **pull** is a force that moves things closer.

Sometimes we pull things and sometimes we push them.
Sometimes we do both!



ring a doorbell



cut with scissors



hammer



erase



rake leaves



zip a zipper



hit a ball



get a tissue

Self reflection: (tick ✓ the picture)



**I can do the task
by myself**



**I need a little
help**



**I need a lot
of help**