1. Wybierz wyrazy, które poprawnie uzupełniają poniższe zdania.

1 My brother regularly goes to the gym in order to **make / take / keep** fit.

2 Sue fell while she was rollerblading yesterday and she got **injury / hurt /pain** as a result.

3 Kate, are you going to **take / make / get** part in the swimming competition?

4 Our coach always reminds us to warm **off / out / up** before playing tennis.

5 I try to **make / do / practise** some exercise before breakfast every day, but sometimes I'm simply too sleepy.

2 Uzupełnij wyrazy brakującymi literami.

1 It is very important to **s_ _ et_ _** after going jogging so that your muscles and joints stay flexible.

2 You should always wear a cycling helmet when you're riding a bike to **p_ _ v_ n _** head injury.

3 I attend swimming classes in order to **_ _ ac_i_e** my swimming technique.

4 It's a good idea to eat healthy **s_ _ c _** to have enough energy to do sports.

5 I want to be in the school football team, so I'm going to **t_ _ i _**very hard this season.

3. Uzupełnij zdania wyrazami z ramki. Trzy z nich zostały podane dodatkowo i nie pasują do żadnego zdania.

Tournament   trophy   beat   supporter   record   opponent   draw   referee

1 They didn't win the game, but they managed to …………….... 1:1.

2 Our volleyball team won a wonderful gold……………….. in the finals last week!

3 What a terrible foul! The ……………………………...gave the player a red card and sent her off the pitch.

4 My friend is a keen…………………………. of Arsenal. He tries to watch every game.

5 I'm playing against Thomas in the next tennis match. He's a difficult………………to beat.

4. Uzupełnij zdania brakującymi wyrazami.

1 It was a terrible game – we didn't…………………... a single goal!

2 Mark, you mustn't cheat! You have to play……………... the rules!

3 Ann is training very hard. She hopes to………………………. a new school record in the 100 metres sprint next week.

4 The goal keeper was hurt and couldn't………………….. the ball. The opposing team gained one more point.

5 I'm not going out tonight. I'm planning to watch the Formula 1…………………………...on TV.