

1. People used to ____ slowly in the past.

Today we usually get up ____.

2. They used to have one slice of ____ for breakfast.

Nowadays we usually eat our breakfast in a ____.

3. Grandpa used to ride ____ to work.

The young man ____ to work and usually ____ stressed when he starts work.

4. People used to greet each other by ____ hands.

Today we are usually too busy to ____ each other.

5. Grandpa ____ have an apple for snack.

The young man usually has crisps or other ____ snacks.

6. Grandpa used to work in a ____ atmosphere.

We usually ____ under pressure.

7. People used to take a lunch break in the ____.

We don't usually have ____ to take a proper lunch break.

8. People used to walk ____ and down the stairs.

We don't normally ____ stairs because there are lifts or escalators.

9. Men used to ____ hats.

Hats are no ____ in fashion today.

10. People used to have a ____ meal in the evening. They ____ use to have microwaves.

Today we don't often have time to cook, we just ____ up some ready-made food.

11. Grandpa used to talk to ____ during the evening meal.

We ____ usually talk to each other because we watch TV while we have dinner in the bed.

12. What is grandpa's advice?

"Move ____, eat well, take it easy and don't ____ to enjoy life."

13. ____ grandpa and his grandson seem to like Coca-Cola.