Date : Tuesday, April 14th

5

READING
School Lunches

Read this text about school lunches around the world

Every day, children all over the world eat lunch at school. Some bring food from home, but many get their lunch from the school canteen. Let's take a look at what children in different countries around the world might be eating for lunch today.



1 In **Japan**, children eat lunch in their classroom. Pupils clear their desks, then four or five pupils take turns serving the food each day. Rice and soup are often part of school lunches in Japan. Some children bring boxes of cold rice, fish cakes and vegetables from home. They're carefully and beautifully prepared, because in Japan, the way food looks is very important.



2 In **England**, some schools provide hot lunches but most children bring a lunch box from home. Sandwiches with fillings such as cheese, ham or tuna are popular and there is often a piece of fruit, a bag of crisps, a carton of juice and a biscuit. Lunch is usually a small meal because dinner is the main meal of the day in England.



3 In **Zambia**, many children eat a dish called nshima for lunch. In fact, many people in Zambia often eat nshima for both lunch and dinner. Nshima is a sticky dough made from white ground maize. People eat nshima with their hands. They dip it into tasty sauces and usually eat it with some hot meat or fish.



4 In **Italy**, the food in school lunches is often organic, meaning it's grown naturally, without chemicals. This makes it healthier. The food also comes from farms near the schools. These hot lunches usually include pasta or a rice dish called risotto. Both pasta and risotto can be cooked in many different ways. Most schools in Italy serve meat only once or twice a week.

Hot, cold, big or small: School lunches are very different around the world. What's in yours today?

LIVEWORKSHEETS

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A) Text matching . Choose the correct country/countries.

1. *Where do children eat with their hands?*

Japan **England** **Zambia** **Italy**

2. *Where do they have something sweet with their meal?*

Japan **England** **Zambia** **Italy**

3. *Where do children eat rice?*

Japan **England** **Zambia** **Italy**

4. *Where is lunch and dinner often the same?*

Japan **England** **Zambia** **Italy**

5. *Where do children eat food from a farm?*

Japan **England** **Zambia** **Italy**

B) Text summary. Choose the correct option.

This text is about...

a) *what children from different countries like eating.*

b) *what children from different countries usually have for lunch during the week.*

c) *healthy and junk food for children.*

LIVEWORKSHEETS

Date : .....



LIVEWORKSHEETS