

Lesson 7–8 **Adventure holiday activities**

Listen again and complete the missing information in the texts

Hi everyone, now I'm going to tell you about something I really love.

_____, it is the most exciting thing you can do. You ride in a boat down a river with lots of other people surrounded by crashing waves. You use paddles to get down the river and you try to stop the boat turning over. So, _____ outdoor sports, fun and a little danger, _____ love it!

Ok, I'm going to talk to you today about the best sport in the world!

_____ everybody should try it because when you do it, you feel like you're Ironman. You ride on a board attached to a jet ski engine in the water, so you can fly ten metres above the sea, before diving back into the water.

_____, it is the best feeling in the world. You only need some balance and confidence, but even if you find those things difficult, believe me, you can still have lots of fun. I think everybody _____ try it

Good morning, I'd like to tell you about one of the best experiences you will ever have! Some people say it is unnatural and even crazy to jump out of a plane by choice. But, for me, I think it's fantastic!

_____ to feel like you're flying through the sky like a bird? Yes, it's scary, but it's also such an amazing, life-changing experience. You will want to do it again and again! If I _____ you, _____ overcome my fear and try it.

Ok everyone, can I tell you about my favourite sport? _____ it's amazing and something that more people should experience. If you like surfing, skateboarding or snowboarding, you will love this because it's very similar. Except you don't do it in the water, on a road or in the snow, but in the desert. _____, it's so much fun and better than surfing, skateboarding and snowboarding put together. And you can do it here in the UAE! All you need is a board and some sand dunes!