Lesson 1 This Is Me!

In this lesson you will listen, speak, read and write about your own opinions and feelings through personal introductions, a journal and articles.

What is the difference between an opinion and a feeling?

Personal Introductions

Before Listening

1. Look at the pictures below and answer the questions.

a. What things do you mention when you introduce yourself?

b. What are some of the main differences between the three people in the pictures?

While Listening

2. Listen 1 to the personal introductions and point at the teenager who is talking.

3. Listen again and answer the questions orally. Discuss your answers as a class.

a. Why does Antonella feel tired?

b. When does Jaime feel happy?

c. What does Amy do before she does her favorite thing?

d. All three speakers feel excited for different reasons. What are those reasons?

Listening Tip

Prediction
Look at pictures to generate ideas about an audio.

4. Say if these adjectives are positive or negative. Then use one word in a sentence created by you .

a. Friendly
b. Excited
c. Bored
d. Happy
e. Tired
f. Sad

LIVEWORKSHEETS

After Listening

5. Using the personal introductions as an example, introduce yourself to a classmate. Use words from activity 4.

Speaking Task: Expressing Likes and Dislikes

1. Read the sentences below and express your likes or dislikes exchanging your sentences with your classmates.

a. I **dislike** going to the cinema.

b. I **prefer** to take it easy with friends.

c. I **love** to study!

d. I **don't like** to study either!

e. They **hate** playing basketball in the summer.

f. Do you **like** reading?

g. I **can't stand** watching TV.

h. Manuel **enjoys** skateboarding.

Expressing likes	Expressing dislikes
like, ...	hate, ...

2. Read and complete the text about Antonella and Jaime's favorite movies orally, using the bold words from exercise 1.

My Favorite Movie

My favorite movie is *Avengers: Endgame*. I was very happy when it came out!

I __(1)__ everything in that movie. The action, the special effects,and the characters!

My favorite thing about the movie are the characters. I really __(2)__ Thor!

The one thing that I __(3)__ about superhero movies is that there are too many! I don't have time to watch all of them.

I __(1)__ superheroes, so I don't watch superhero films. Instead, I prefer *Star Wars* films! My dad really __(2)__ them, so when I was little he showed them to me.

What __(3)__ about the movies is that they are too long, but I still watch every new *Star Wars* film. I am really glad that we have new movies! And my dad __(4)__ the new movies too, so we watch them together.

Source: Archivo editorial.

3. In your notebook, write questions to ask a classmate about his or her favorite movie. Eg: Who is your favorite character from Avengers?

4. Exchange your questions with your classmates. Are there any mistakes?

5. In pairs, ask and answer each other's questions. Talk about your likes and dislikes concerning other things (TV shows, music, etc.).

LIVEWORKSHEETS

A Journal

Before Reading

1. Look at the text and images below and discuss the following questions.
   a. Do you keep a personal journal? Why or why not?
   b. What feelings do the images communicate?
   c. Have you ever felt like the pictures? What makes you feel like that?

Today I feel...

Afraid

Katie's Super Secret Journal 2

Monday, April 6th.

Dear Diary,

Today is the start of a new week! Last week we went to the beach with my family and it was very fun! Now I am well-rested and ready to start the week.

I have an important math test this week, but my friends say that it is nothing to worry about. The test is on Friday, and it's only Monday! So I have a loooot of days to study. I am a little worried, but maybe I am overreacting.

Relaxed

Wednesday, April 8th.

Dear Diary,

Ugh! Today was not a good day.

My friend Paulina always bothers me because she wants me to go out with her brother. But I don't like him! He is super mean, and he is not very intelligent. I always tell her that I don't want to go out with him, but she insists every day. I hope that she stops insisting soon.

The math test is only two days away so I am a bit anxious now. I study every day after school, but I am very tired today so I don't think I can study. I blame Paulina, she insists so much that when I get home I don't want to do anything! I want her to stop talking to me about her brother.

LIVEWORKSHEETS

While Reading

2. Read the text quickly and answer the questions below. Answer orally and discuss your answers with a partner.

a. Why was Katie annoyed?

b. How did Karla help Katie?

c. Why was Thursday the worst day of Katie's life?

Today I feel...

Delighted

Thursday, April 9th.

Dear Diary,

Today is the worst day of my life!

I hate fighting. I hate fighting with my friends even more! I had to tell my friend to stop bothering me about her brother because she asks me every single day! I hate it because I'm her friend and she doesn't want to understand.

The worst thing is that tomorrow is the test and I haven't studied! I'm very lucky to have Karla because she is at my house right now to help me study for the test. But I'm terrified! I regret not studying before, I made a terrible mistake and now I'm scared for tomorrow.

Annoyed

Friday, April 10th.

Dear Diary,

The math test was not that bad! I was so afraid but studying helped. I learned a valuable lesson this week: always study many days before a test!

After the test, something better happened. Paulina talked to me and she said that she was sorry. She told me that she feels bad for insisting so much and that she wants to be friends with me again. I know that she was really annoying this week, but I love her and she's one of my best friends. Now everything is cool again and we are back to being friends! I'm so happy!!

Source: Archivo editorial.

LIVEWORKSHEETS