

HEALTH

Competency: Explains the effect of a noisy environment

Code: H6EH-IIIId-4

BRIEF INTRODUCTION

Noisy environment is also known as a noise pollution in which it's caused by many vehicles on the road and the noises coming from factories and construction sites. Some of the miscellaneous causes like playing music in loudspeakers, shouting by wanders, etc.

When noise is more than the normal level. it can cause restlessness and anxiety.

Effects of Noisy Environment as follows:

➤ humans- sleeplessness, communication interference, diseases in blood pressure, anxiety, fatigue, nausea, deafness and etc. Noise induced annoyance.

➤ on wild life- noise interferes with prey catching ability of the fishes that uses sound to catch their prey, noise leads to change habitat of various birds small animals like rabbits.

Therefore, environmental sanitation includes keeping environment free from noise pollution so that people in a community and even animals will not be disturbed and free from health problem and diseases.

Activity 1:

Directions: Name the effects of a noisy environment. Select your answer from the box and write the letter in the space provided.

- A. headaches
 - B. ear damage
 - C. finger damage
 - D. noise

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|-----------------------------------|--------------------------------------|
| _____ 1. honking of cars | _____ 6. crying babies |
| _____ 2. firecrackers | _____ 7. jackhammer's sound |
| _____ 3. streets full of vehicles | _____ 8. blaring music of speaker |
| _____ 4. people shouting | _____ 9. heavy objects suddenly fall |
| _____ 5. playing drums | _____ 10. door's slammed shut |

Activity 2:

Directions: Label the pictures that explain the effects of noisy environment. Choose your answer in the box. (Do it in your activity notebook.)

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| Stress | sleeplessness |
| hearing loss | change habitat of various birds |
| communication interference | disposal of garbage |
| air pollution | noise |
| high blood pressure | |

