

UNIT 1: WORKBOOK PAGE 6

EX. 1 AND 2 (Students MUST fill in their activities in their workbooks)

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1.1

VOCABULARY

New experiences

I can talk about challenging new experiences and emotions.

1 Match the adjectives below with pictures 1–6. There are two extra adjectives.

afraid annoyed confused joyful
miserable relaxed stressed surprised

Out of your comfort zone

VOCABULARY
Adjectives of emotion | Phrases with yourself | New experiences | Personality adjectives

GRAMMAR
Present tenses | Past tenses

READING
True or false

LISTENING
Listening for specific detail

SPEAKING
Asking for and offering help

WRITING
A description

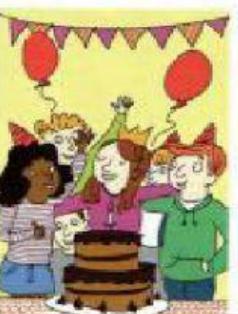
BBC CULTURE
Would you cross a desert?



1 confused



2 _____



3 _____



4 _____



5 _____



6 _____

2 How would you feel in each situation? Use the adjectives in Exercise 1.

- 1 You think you do well in an exam but then you get a bad mark. confused
- 2 You get a really good grade in an exam. _____
- 3 You're lying on the beach on holiday. _____
- 4 Your little brother breaks your phone. _____
- 5 You have lots of homework to do and don't have much time. _____
- 6 Your friend visits you and you weren't expecting it. _____
- 7 Your pet dies. _____
- 8 You're watching a horror film. _____

EX: 2-3 AND 5 (TOGETHER) STUDENTS MUST COMPLETE THEIR OWN BOOKS



GRAMMAR

Present tenses

I can use different tenses to talk about the present.

1 Match the verbs in bold in sentences 1-5 with functions a-e.

- 1 I know the answer.
- 2 Chris is doing his homework.
- 3 Sara works in a hospital.
- 4 I'm working at a restaurant for the summer.
- 5 School starts at 8 a.m.

a a temporary situation
b a present action
c a state verb
d a routine
e a permanent situation

2 Complete the sentences with the Present Continuous form of the verbs below.

discuss leave not-come not have
not live rain think

- 1 We don't need to wait for Gary - he isn't coming with us.
- 2 Oh no! It isn't raining! We can't have a picnic now.
- 3 I am not living at home now. Builders are redecorating our house this month.
- 4 Cate isn't thinking about starting dance classes.
- 5 Oh no! Jill and Charles are not discussing politics again!
- 6 Are you not thinking (you) already? You only got here a few minutes ago!
- 7 My brothers are not staying dinner with us tonight. They're at a summer camp.

3 Complete the sentences with the Present Simple or Present Continuous form of TWO of the verbs in brackets.

1 HEAR YOU'RE LEARNING

- 1 I hear you are learning to play the drums - is that right? (hear / learn / think)
- 2 I usually wait for the school bus, but this morning I take a lift from my dad. (get / take / wait)
- 3 Mia usually comes to work, but today she drives by train. (take / come / drive)
- 4 Quick, the film finishes! You missed the best part! (finish / miss / start)
- 5 I encourage my football coach because she always gives me to do my best. (encourage / give / like)

4 Find and correct the mistakes in the sentences. One sentence is correct.

- 1 My aunt and uncle are having two children. They're eight and twelve.
have
- 2 I don't agree with the government's new education policy. What are you thinking?
- 3 Please don't disturb me. I'm doing my homework.
- 4 We stay in a different hotel this year because the place we usually stay in is closed for the summer.
- 5 Don't ask Phil for the answer. He isn't knowing.
- 6 Let's just sit down here. The game starts.

5 Complete the message with the Present Simple or Present Continuous form of the verbs below.

close do enjoy have (x2) love not-know
not work practise sell stay want

Hey Ben!

How are things? I don't know if you know, but I've got a summer job in Munich for a few weeks. I am staying with my German cousins who live here. It's great here and I love myself a lot.

I'm working in a small shop which sells designer clothes and the other people here are practising their English a lot.

It's really nice. We always have lots of fun in the day. In the evening when the shop closes, we usually all eat dinner together somewhere. I enjoy Munich! It's a really interesting city and I love my German too!

What do (you) this summer? I want (you) to come and visit me in Munich? It would be great to see you again and there's lots of space at my cousins' house. I stay at weekends, so we could spend some time together. Let me know!

Harry

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Is he..... to speak English at the moment? <https://wordwall.net/resource/53153/english/present-continuous-simple>



1.2

GRAMMAR Present tenses

I can use different tenses to talk about the present.



VIDEO

NEW BEGINNINGS

Nina: Excuse me. I'm waiting for the number 7 bus. What time does it arrive?

Woman: Sorry. The number 7 doesn't stop here. It goes from the other bus stop, around the corner.

Nina: Thank you! Oh no, the bus is leaving. I don't believe it! Wait!

Skye: Hi. Are you going to Belmont Academy? A lot of students get this bus. I'm Skye. This is Jay.

Nina: I'm Nina.

Jay: Oh, here comes another bus.

Nina: Thank goodness for that!

Skye: Hey, Dan. This is Nina. She's starting at Belmont too.

Dan: It's nice to meet you, Nina. Where are you from?

Nina: I'm from Colombia, but I'm living in London now. Is it always this cold here?

Dan: Erm, yes, quite often. What's it like in Colombia? I'd really like to go there. I love travelling. Oh, by the way ...

Thank goodness for that!
... by the way.

OUT of
class

1 CLASS VOTE How do you normally travel to school? Tell the class.

I usually go by car. My dad takes me.

2 G 1.1 G 1.15 Watch or listen. What problems has Nina got?

Students must read the dialogue ALOUD

EX 3: REVISION OF PRESENT TENSES- STATE VERBS

EX 4 AND 5 (IN CLASS TOGETHER)

3 Study the Grammar box. Find more examples of these tenses in the dialogue.

Grammar

Revision of present tenses

Present Simple

Buses usually **come** past every ten minutes. (routine)
She **lives** in London. (permanent situation)

Present Continuous

I'm **looking** for the bus stop. (present action)
She's **living** in Brighton now. (temporary situation)

State verbs

state verbs: *belong, know, prefer, etc.*

state or dynamic verbs:

I **think** she's shy. (state verb: opinion)

What **are you thinking** about? (dynamic verb: mental process)

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4 Complete the sentences with the Present Simple or Present Continuous form of the verbs in brackets.

- I live near the school, so I **don't usually get** (usually/not get) the bus.
- Mum **not pick** us up today, so we **walk** home from school.
- you** **usually/give** new after-school clubs a go?
- Why **you** **do** your homework now?
- My brother **not go** to this school.

5 G 1.16 Choose the correct option. Listen and check.

Hi Gran,

How are you? I ¹**have / am having** lunch in the school canteen, so this is just a quick message. First of all, the school and the teachers are great – I ²**prefer / am preferring** them to the old ones. We usually ³**discuss / are discussing** things in groups. Everybody can say what they ⁴**think / are thinking** about something and teachers often ⁵**encourage / are encouraging** students to share their experiences.

This is an international school, so I ⁶**hear / am hearing** lots of different languages every day. I ⁷**know / am knowing** my Spanish will improve quickly! I've got to go! We can talk on Skype soon.

Besos (that's 'kisses' in Spanish),

Skye

EX. 3. READ THE TEXT ALOUD. THEN STUDENTS MUST ANSWER
the questions in ex 3

EX. 5 – EX. 6 (ORAL)



1.4 GRAMMAR Past tenses

I can use different tenses to talk about past events.

- 1 **CLASS VOTE** Have you or has anybody in your school done something exciting? What was it?
- 2 Read the article quickly. What was Malavath's challenge?
- 3 Read the text again. In pairs, ask and answer the questions.
 - 1 What did Malavath do in 2014?
 - 2 Why did Malavath want to do the challenge?
 - 3 How did she get to the training centre?
 - 4 Why did they have to walk slowly?
 - 5 Why has Malavath gone back to school?
 - 6 What famous person did Malavath meet after the climb?
 - 7 How has this experience changed Malavath?
- 4 Study the Grammar box. Find more examples of past tenses in the article.

Grammar Past tenses

Past Simple

She **became** a good climber. (finished action)
They **trained** in the countryside. (repeated action)

Past Continuous

At nine o'clock she **was studying** for her exam.
(action in progress)
It **was raining**. (background description)

Past Simple and Past Continuous

They **were sleeping** when we **arrived**.

Present Perfect

She **has gone** home. (result in the present)
I **have never been** to Paris. (experience)
She's **gone** home. She **went** home an hour ago.
(recent event + completed action)
I've **been** to Paris. I **went** there three years ago.
(experience + completed action)

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- 5 Write questions using the correct past tense.
Write answers that are true for you.

- 1 you / climb / a mountain / recently / ?
Have you climbed a mountain recently?
No, I haven't.
- 2 what / you / do / at 5 p.m. / yesterday / ?
- 3 you / ever / eat / packaged food / ?
- 4 you / start / English classes / five years ago / ?
- 5 it / rain / when / you / get up / this morning / ?
- 6 you / ever / be / abroad / ?

**She did it!**

In 2014 thirteen-year-old Malavath Poorna became the youngest girl to climb Mount Everest. She was living in a village in the countryside with her parents when a government organisation chose her and a friend for the mountain challenge. At the time, Malavath was looking for a chance to do something different and she was happy to go. She flew for the first time in her life to a special mountain centre where she trained for eight months. The training was hard and sometimes the temperature dropped as low as -35°C. Malavath also hated the packaged food that she had to eat. It didn't smell nice and she missed her mum's cooking! The climb lasted fifty-two days. At times

it was dangerous and they had to walk very slowly, but Malavath didn't give up. When she finally raised India's flag on the highest peak in the world, she said she felt great and very proud of herself. Since the climb, Malavath has gone back to school because she couldn't study while she was training. She's also met the Prime Minister, who encouraged her to complete her studies. Has the climb changed her? Definitely! Now she wants to climb more mountains around the world.

- 6 [VOX POPS ▶ 1.3] Describe a past experience when you were away from home. Did you enjoy it? Was it difficult?

- Where did you go and why?
- Who were you staying with?
- What did you like/not like about it?

I've been away from home a few times. Once I stayed with a family in France. They were very friendly, but I didn't like the food much.

