

4. Read the introduction to the article again and answer the questions.

1. What is an Outward Bound course?

It's an adventure course for young people.

2. What can you learn on an Outward Bound Course?

3. What are the age limits?

4. How many young people do the courses each year?

5. Is Outward Bound a new organization?

6. Are all the Outward Bound courses in the U.K.?

5. Complete the sentences with the activities and places.

1. Lucas is hiking in the forest in Germany.

2. Michael is

3. Emilia is

4. Jo is

5. Eddie is

6. Carla is

6. Find the words in the article which match the definitions below.

1. Something difficult but motivating
2. A very simple boat
3. What you can see from a high place
4. A journey to a place like a jungle or mountain

7. Read Word Zone. How many more opinion adjectives can you find in the article?

- 1.
- 2.
- 3.
- 4.

8. Write six sentences using opinion adjectives from the text.

Rock climbing is exciting.

1. is .
2. is .
3. is .
4. is .
5. is .
6. is .

9. Share your ideas with your partner. Do you agree or disagree?

1. I think is .

What do you think?



I agree.



I disagree. I think is .