WORKSHEETS – THE MEDITERRANEAN DIET

A Taste of Sicily • English • Class 1

Name: _____ Class: _____ Date: _____

WORKSHEET 1 – FOOD VOCABULARY

A. Match the English words to the Italian meaning. Write the correct letter.

1. Tomato	a. aglio
2. Aubergine	b. olio d'oliva
3. Basil	c. melanzana
4. Garlic	d. capperi
5. Onion	e. pomodoro
6. Olive oil	f. cipolla
7. Capers	g. basilico
8. Vinegar	h. aceto

B. Complete the sentences with the words in the box:

tomatoes • aubergines • olive oil • capers

1. We use _____ in many Mediterranean recipes.
2. _____ are purple vegetables.
3. _____ are red.
4. _____ are small and salty.

C. Circle the healthy foods:

tomatoes sweets fish vegetables soft drinks fruit

LIVEWORKSHEETS