

A Day In My Life

Daily Routines

My name is Daniel, and I am a high school student. During the week, I usually **wake up at 6:00 a.m.** because my classes start early. First, I take a shower, get dressed, and prepare my schoolbag. Then, I have breakfast with my family before leaving home at 7:00 a.m.

I normally arrive at school fifteen minutes before my first class. I attend different subjects, such as English, Mathematics, Science, and History. My favorite subject is English because I enjoy learning new vocabulary and communicating with other people.

After school, I return home, have lunch, and take a short break. In the afternoon, I usually do my homework and help my parents with some household chores. Sometimes, I meet my friends or play basketball in the park.

In the evening, I have dinner with my family. Before going to bed, I often read a book or listen to music to relax. I rarely stay up late because I believe that getting enough sleep helps me concentrate better during the day.

Although my routine is quite busy, I always try to organize my time and balance my academic responsibilities with my personal interests.

My daily routine!

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Multiple choice questions

1. Read the passage and choose the correct answer.

Why does Daniel wake up at 6:00 a.m.?
a) Because he goes jogging.

b) Because his classes start early.

c) Because he prepares breakfast for his family.

What is Daniel's favorite school subject?

a) Mathematics.

b) History.

c) English.

What does Daniel usually do in the afternoon?

a) He does his homework and helps his parents.

b) He watches television all afternoon.

c) He visits his grandparents.

Which auxiliary verb completes the question correctly?

_____ Daniel play basketball in the park?

a) Do

b) Does

c) Is

True and false statements

2. Read the statements and select True or False.

- Daniel leaves home at 7:00 a.m. True / False
- Daniel never participates in household chores. True / False
- Daniel sometimes plays basketball with his friends. True / False

Matching questions

3. Match the expressions with their correct meanings.

Expression	**Meaning**
Wake up	To stop sleeping
Household chores	Activities related to cleaning and maintaining a home
Stay up late	To go to bed later than usual

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