Bài 1. Điền từ thích hợp trong bảng vào chỗ trống.

1. Lệ thường : common …….
2. Địa điểm thuận lợi : convenient ……..
3. Đời sống xã hội social ……..
4. Tương tác ……
5. Nhân viên phục vụ nam :
6. Giải trí
7. Điệu múa dân tộc
8. Thông qua ……..
9. Có ảnh hưởng to lớn have a significant ……on

Tasks 2 TRANSLATE

1. Việc sử dụng xe chó kéo là thuận tiện cho việc di chuyển ở vùng có tuyết
The use of the dogsled is ……for ……..in snowy regions.
2. Nhà hàng này có 1 nhân viên phục vụ nam người mà luôn phục vụ bạn với một nụ cười
This restaurant has a ……who always ……you with a smile.
3. Ở 1 số cộng đông bộ lạc, người ta giữ gìn phong tục và truyền thống thông qua lễ hội
In some ……., people preserve customs and traditions ……
4. Theo lệ thường phải cho tiền phục vụ khi bạn ăn ở ngoài
It's a ……to tip the waiter when you ……..
5. Duy trì 1 chế độ ăn cân bằng lành mạnh là quan trọng cho sức khỏe toàn diện
…….a healthy balanced diet is important for overal health.
6. Sử dụng điện thoại thông minh có 1 ảnh hưởng to lớn lên cách chúng ta giao tiếp
Using smart phones has ……on how we ……..
7. Cô ấy muốn tập trung vào việc học để đạt được thứ hạng cao
SHe ……..her studies to get good …….
8. Quán cà phê của cô ấy thường giải trí khách với buổi live show vào Chủ nhật
Her cafe' often ……customers with a …….
9. Địa điểm thuận lợi là cần thiết để mở 1 của hàng tạp hóa
A……is ……for opening a grocery store.
10. Ngày nay, mọi người tương tác với nhau thông qua các nền tảng xã hội
Nowadays, people ……..with each other through social media ……..

Task 3 :Modern Lifestyles & Health)

Unbalanced/sedentary/healthy lifestyle/well balanced/hygiene/essential nutritions/dietary/maintain/in a habit of /balanced/convenient.

In today's fast-paced world, maintaining a **(1)……..** is more challenging than ever. Many office workers have a (2)…… job, sitting at their desks for eight hours a day, which negatively affects their physical well-being. Combined with **(3)…….** fast food, their daily meals often become **(4)…….** To solve this problem, a **(5)…….** usually recommends a **(6)……** diet rich in (7)…….. Eating **(8)……** food and paying attention to personal **(9)……** are key(10)…….habits that help **(11)……** long-term health. Instead of relying on processed snacks, people should get **(12)……..**cooking fresh meals at home to keep their energy levels **(13)**

TASK 4 (Communication & Social Etiquette)

Bowing/ impact /interact / hugging/serve/common practice/tip the waiter/resident/

Cultural greetings vary significantly around the world, and understanding them helps us **(1)……** respectfully with others. In Japan, **(2)…….** is a **(3)……..**to show deep respect, whereas in many Western countries, **(4)……..**close friends is the norm. Similarly, dining etiquette differs across cultures. In the United States, it is a **(5)……** to (6)……..around 15% to 20% after they (7……. your meal, as tipping makes up a large part of their income. However, in countries like Japan or South Korea, tipping is not expected and may even cause confusion. Every **(8)……..**of a country grows up learning these unspoken rules, which deeply **(9)……..**how they communicate with strangers and guests.

TASK 5 (Nomadic Life & Tribal Communities)

LIVEWORKSHEETS

Nomadic/have a custom of/tribal communities / impact / dogsled/maintain

While most people today live in modern cities, some **(1)…….** still preserve their ancient ways of living. Many of these groups lead a **(2)……** lifestyle, moving from place to place in search of fresh pastures for their livestock. They **(3)……..** ……passing down stories, songs, and survival skills orally from generation to generation. When traveling across rugged mountains, their paths often twist and turn like a **(4)……..**, requiring great endurance and navigation skills. Despite the rise of modern technology, these communities work hard to **(5)……** their unique identity and protect their traditions from outside **(6)……..**

TASK 6 Truyền thống trong Kỷ nguyên số (Traditions in the Digital Age)

Unbalanced / interact /entertain /convenient/maintain/platforms/in a habit of

Technology has dramatically changed how young people **(1)…….** themselves and connect with their heritage. Today, teenagers are (2)…… spending hours on various **social media platforms** to watch videos, share photos, and **(3)…….** with peers globally. While digital tools make communication **(4)……..**, excessive screen time can lead to an **(5)……** daily routine. On the bright side, many content creators use these **(6)……** to introduce traditional festivals, local food, and cultural customs to an international audience, proving that modern technology can actually help **(7)……..**and promote ancient traditions.

LIVEWORKSHEETS