How to study



Listen to the school assembly about how to study and do the exercises to practise and improve your listening skills.

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Listening skills practice: How to study – exercises

Listen to the school assembly about how to study and do the exercises to practise and improve your listening skills.

1. Preparation: grouping

Do this exercise before you listen. Put the study ideas in the correct group.

a. Just read your notes, but don't highlight them or write anything extra	b. Think long term	c. Make a study timetable
d. Take regular breaks	e. Answer email, text messages and Facebook messages immediately	f. Work where there are distracting noises

Good study habits	Bad study habits

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2. Check your understanding: true or false

Circle *True* or *False* for these sentences.

1.	The students will be taking exams soon.	*True*	*False*
2.	A revision timetable could be from one to six weeks.	*True*	*False*
3.	No one can really concentrate properly with music on.	*True*	*False*
4.	You should try to forget about the internet, text messages, Twitter, Facebook, etc. while you're studying.	*True*	*False*
5.	You should try not to have a break until you really need one.	*True*	*False*
6.	Underlining or highlighting your notes is better than writing more notes.	*True*	*False*
7.	Mind maps are good because they mirror the way the brain works.	*True*	*False*
8.	The most important thing is to remember the information. You don't have to understand it.	*True*	*False*

3. Check your understanding: gap fill

Complete the gaps with a word or phrase.

1. Some of you are probably fantastic at studying, really organised and _____.
2. It's a good idea to have some kind of _____ or _____.
3. If you're studying for an important exam, it's important to think _____.
4. Make sure the place where you're going to study is _____, with no distracting _____.
5. If you have to work near a TV, you might have to use _____ to drown out the sound of the TV.
6. While you're studying, you should _____ the internet, text message, Facebook, etc.
7. You should plan your studying and take regular _____.
8. It is better to write notes, so your mind is _____ the information more.
9. Mind maps seem to work in the same way the _____ works.
10. Which study method you choose all depends on your personal _____.

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