Listening, vocabulary and speaking

Insight Words with *self-*

1 Match the words below to definitions 1–8.

- self-assurance
- self-control
- self-defence
- self-interest
- selflessness
- self-obsession
- self-preservation
- self-sacrifice

1 protecting yourself in a physically dangerous situation without using a weapon: _____
2 being able to remain calm, even if you are angry, excited, etc.: _____
3 thinking more about the needs of other people than your own: _____
4 doing or saying something to protect yourself: _____
5 not letting yourself have or do something in order to help other people instead: _____
6 believing in your own strengths and abilities: _____
7 thinking only about yourself and not caring about other people: _____
8 thinking about yourself all the time: _____

Giving and acknowledging opinions

2 1.01 Listen to a school committee deciding which charity to raise money for. Which of the following charities do they NOT mention?



1 Disaster Emergency Support
2 Healthy Heart Foundation
3 Clean Water Campaign
4 Pet Rescue

3 1.01 Listen again and match speakers Maya (M), Ivan (I), or nobody (N) to opinions 1–6.

1 Larger charities spend too much money on advertising. _____
2 Smaller charities are usually run by volunteers. _____
3 They should choose a charity which helps young people. _____
4 It's a good idea to raise money for a charity that has helped you or your family. _____
5 Animal charities are well supported. _____
6 People care more about animals than people, so they should choose an animal charity. _____

4 1.01 Complete the sentences with one word in each gap. Then listen again and check.

1 Well, my _____ is that we should choose a smaller charity.
2 Could you _____ what you mean?
3 Maya, I do understand that _____ of view, but I think ....
4 Ah, that makes _____ to me now.
5 But, _____ me, I still think a smaller charity might be better.
6 I see where you're _____ from, but ... Do we have to limit it to young people?
7 I think we need to _____ what will be a popular charity to raise money for.
8 Are you _____ that people care more about animals than people, Ivan?

5 Match sentences 1–8 in exercise 4 to categories A–C.

A Giving an opinion: _____, _____, _____
B Acknowledging an opinion: _____, _____, _____
C Asking for clarification: _____, _____

6 Complete the dialogue with the phrases below.

- Are you saying that
- for me
- I understand that point of view
- not sure I agree
- That makes sense to me
- The point is that
- True, but
- we need to consider
- What do you mean exactly

Ade Well, in deciding on a charity to raise money for, [1] _____ two things: which charity do we feel is the most worthwhile and which charity will be easiest to raise money for?
Priya I don't understand what point you're trying to make. [2] _____?
Ade Well, if we choose a charity which we personally think is great, but which no one else wants to support, we won't raise very much money, will we?
Priya Oh, OK. [3] _____ now.
Ade So, I'd like to suggest that we don't choose an animal charity.
Priya [4] _____ people don't like animals, or that it isn't worthwhile?
Ade Well, [5] _____, people are more important than animals.
Priya Well, I suppose [6] _____, but I'm [7] _____ with it. [8] _____ there's no reason why we shouldn't raise money for animals. What about protecting endangered species, for example?
Ade [9] _____ then we have to decide which animal we all think is the most endangered.

7 TASK Look at the charities in exercise 2 again. Which charity would you choose to raise money for and why? Justify your answer.

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