Thaynnara Barros
Professora Mestranda em Letras
Universidade Federal Do Maranhão

MODULE 1 · LESSON 1 · HOME PRACTICE

Meeting New People

Name: _____ Date started: _____

Your 3-day study plan — *3 blocos de 15 minutos*



DAY 1 · 15 MIN

Read & write

Meet Camila! Read her post, answer the questions and write your own introduction.



DAY 2 · 15 MIN

Watch & notice

Watch a TEDx talk about starting conversations and collect useful expressions.



DAY 3 · 15 MIN

Listen & sing

Choose your favourite English song, play a lyrics game and create your Song Passport.

⏱ **Tip:** set a 15-minute timer on your phone. When it rings, stop — consistency is better than long sessions!

+55 99 98470-7979
@thaynnara.barros
São Luís -MA
ms.thaynnara@gmail.com

LIVEWORKSHEETS

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Professora Mestranda em Letras
Universidade Federal Do Maranhão

DAY 1 · READ & WRITE · 15 MIN · PART 1

New in town? Let's talk!



Hi! I'm Camila — but you can call me Cami. 👋

Read Camila's post on a language-exchange website. First reading: no dictionary!

Posted in **"Language Partners – São Luís"** · Camila R.

Hi everyone! My name is Camila Rocha, but my friends call me Cami. I'm 27 years old. I'm from Belém, but I live in São Luís now. I moved here two years ago for work. I'm a graphic designer at a small agency near the Historic Centre, and I usually work from home on Fridays.

In my free time, I love taking photos of old buildings and trying new cafés. On weekends, I often go to the beach with my sister, Bia. She's a teacher and she's really funny.

I'm learning English because I want to work with international clients — and one day I want to visit Ireland! My listening is OK, but I get nervous when I speak.

So I'm looking for a conversation partner. We can meet online once a week: 30 minutes in English and 30 minutes in Portuguese. If you're interested, send me a message. Nice to meet you!

Fonte: texto autoral, escrito especialmente para esta aula (personagem fictícia). Ilustrações autorais.


taking photos


new cafés


the beach


a trip to Ireland

Moved – mudou-se
Near – perto
Buildings – prédios/ construções
Usually – usualmente / normalmente
Weekend – final de semana
Often – normalmente
Partner – parceiro
Interested – interessado

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DAY 1 · READ & WRITE · 15 MIN · PART 2

Understanding Camila

A. True or false? *Circle T or F.*

1. Camila is from São Luís. T / F
2. She has lived in São Luís for 2 years. T / F
3. She works in an office every day. T / F
4. Bia is Camila's sister. T / F
5. She feels confident speaking. T / F

B. Answer the questions.

6. Why is Camila learning English?

7. What does she do in her free time? Write two things.

C. Find the expression in the text. *Encontre no texto.*

a) me chamam de → _____

b) me mudei para cá → _____

c) estou procurando → _____

d) fico nervosa → _____

D. Your turn! Write your own post (40–60 words): name, where you live, job/studies, free time, why English.

RESUMO DO DIA 1

Nesse bloco você vai ler o post da Camila, responder às perguntas, achar expressões úteis no texto e escrever a sua própria apresentação. Bônus: grave você lendo o seu texto!

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DAY 2 · WATCH & NOTICE · 15 MIN

7 Ways to Make a Conversation With Anyone



TEDx TALK · MALAVIKA VARADAN · ~12 MIN
youtube.com/watch?v=F4Zu5ZZAG7I

1. **Watch with English subtitles (CC).** *Se precisar, use 0.75×.*
2. **Be a collector!** Pause and write useful expressions for meeting people.

EXPRESSION I HEARD	WHAT IT MEANS / MY EXAMPLE

3. **Think & write.** Which of the 7 ways is your favourite? Why?

4. **Write 2 interesting questions** to ask a new person — not "What do you do?"

RESUMO DO DIA 2

Nesse bloco você vai assistir a uma palestra curta (TEDx) com legendas em inglês sobre como puxar conversa, pausar para anotar expressões úteis, escolher a sua dica favorita e criar duas perguntas para usar com um colega na próxima aula.

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DAY 3 · LISTEN & SING · 15 MIN

My Song Passport

Choose an English song you love. *No favourite? Try "Count on Me" (Bruno Mars), "Perfect" (Ed Sheeran) or "Someone You Loved" (Lewis Capaldi).*



1. **Listen with no lyrics.** Write 3 words you can hear.

2. **Play the lyrics game: lyricstraining.com** → find your song → **Beginner** mode.
3. **Fill in your Song Passport.**

Song title:	Artist:
The song is about:	It makes me feel:
2 new words:	My favourite line:

4. **Sing along!** Sing the chorus 2 or 3 times.
5. **Speak.** Record 30 seconds:

"My favourite song is ____ by ____. It's about ____. I love it because ____."

RESUMO DO DIA 3

Nesse bloco você vai escolher uma música em inglês, ouvir sem a letra, jogar o jogo de completar a letra no LyricsTraining, preencher o seu "Passaporte da Música", cantar o refrão e gravar um áudio curto apresentando a música. Traga a música para a próxima aula!

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CHECK YOUR PROGRESS

Answer key & self-check

Day 1 · A

1 F (she's from Belém)
2 T
3 F (she works from home on Fridays)
4 T
5 F (she gets nervous)

B

6 She wants to work with international clients and visit Ireland.
7 Taking photos of old buildings, trying new cafés, going to the beach.

C

a my friends call me
b I moved here
c I'm looking for
d I get nervous

Self-check ✓

Marque o que você já consegue fazer.

☐ I can introduce myself in 4–5 sentences.

☐ I can say where I'm from and where I live.

☐ I can explain why I'm learning English.

☐ I can ask a new person 2 interesting questions.

☐ I can understand a short text about a person.

☐ I can talk about my favourite song.

✨ **Remember:** mistakes mean you're learning. Done is better than perfect — see you on Tuesday!

FONTES E CRÉDITOS

Dia 1 – "New in town? Let's talk!": texto autoral, criado para esta aula; Camila é uma personagem fictícia.

Dia 2 – VARADAN, Malavika. 7 Ways to Make a Conversation With Anyone. TEDxBITSPilaniDubai. YouTube: youtube.com/watch?v=F4Zu5ZZAG7I.

Dia 3 – LyricsTraining (lyricstraining.com). As músicas são apenas sugeridas pelo título; as letras não foram reproduzidas.

Ilustrações: autorais.

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