UNIT 5

# Progress test

Name: _____ Result: __/100

## Vocabulary

**1 Complete the sentences with one word in each gap.**

1 Wave power from the sea and _____ power from the sun are examples of how we can create energy from natural sources.

2 Environmentalists would like to see us using less fossil fuel like petrol and coal and creating more _____ energy using the wind or sun which is cleaner and more natural.

3 Humans can cause _____ by removing trees to build roads and factories.

4 It's better to recycle rubbish than send it to _____ where it takes up space.

5 _____ are chemical substances that protect plants and crops from insects, but some may be bad for your health.

6 Building wind _____ is a good way to provide cleaner electricity to a local city.

Score __/6

**2 Complete the dialogue with the correct form of the words in the box. There are three extra words.**

ban build cut deforestation destroy mend pollute repurpose throw

**Eric** Hey, Lily. Stop! What are you doing?

**Lily** I'm **1** _____ away these old jeans. I don't wear them because there's a hole in the knee.

**Eric** But, apart from that, they're in perfect condition. I could **2** _____ the hole.

**Lily** I'm not sure …

**Eric** Why don't you **3** _____ them by making them into a pair of shorts.

**Lily** That's a great idea!

**Eric** We should really try to buy less things if we can. It helps the environment.

**Lily** How does that work?

**Eric** Well, making things takes energy and producing energy **4** _____ the air. Also, with people **5** _____ down trees and **6** _____ whole forests, there is less oxygen in the air and this affects climate.

Score __/6

**3 Look at the definitions and write the correct words.**

1 A thick cotton cloth that is usually blue and is used especially to make jeans. _____

2 This strong light-brown material comes from a tall tropical plant. _____

3 When this light metal is mixed with other metals, it becomes very strong. _____

4 A very thick paper, boxes are made of it. _____

5 A soft light material, usually white. It is used for making beds more comfortable. _____

6 A strong material, very flexible and used for making things such as tyres and boots. _____

Score __/6

**4 Choose the correct answers to complete the text.**

Pharrell Williams is best known for his 2014 song called *Happy*, which was a huge **1** _____ and was nominated for an Academy Award for best **2** _____ song. But as well as getting the planet dancing with **3** _____ , he was also helping the planet. **4** _____ he also worked with a clothing company to design clothes using a fibre made from recycled plastic bottles that had been **5** _____ into the ocean. And in 2017, he wanted to help **6** _____ endangered species and designed a collection of jeans which included images of endangered creatures. It seems that Pharrell is someone who doesn't get **7** _____ easily and the planet is a better place because of it.

| | | |
|---|---|---|
| 1 | **a** hit | **c** sell out |
| | **b** perform | **d** tour |
| 2 | **a** curious | **c** thrilling |
| | **b** amusing | **d** original |
| 3 | **a** kindness | **c** joy |
| | **b** surprise | **d** content |
| 4 | **a** Everywhere | **c** Quickly |
| | **b** That year | **d** This year |
| 5 | **a** thrown away | **c** polluted |
| | **b** destroyed | **d** repurposed |
| 6 | **a** mend | **c** ban |
| | **b** build | **d** protect |
| 7 | **a** angry | **c** bored |
| | **b** boredom | **d** embarrassed |

Score __/7

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LIVEWORKSHEETS

UNIT 5

# Progress test

## Grammar

**5 Complete the text with the correct passive form of the verbs in the box.**

achieve give keep know start take

### A zero-waste city?

San Francisco has got one of the most successful waste-management programs in the USA. Over 80% of its waste **1** _____ out of landfill every year. Its collection programme **2** _____ by everyone as the 'fantastic three' and it works like this. All the residents **3** _____ three bins. They get a blue bin for recyclable rubbish, a green bin for material that can go back naturally into the earth and a black bin for material that will **4** _____ to landfill in the future. The programme **5** _____ in 2000 and the goal is for San Francisco to become a zero-waste city. Is this goal going to **6** _____ ? Only time will tell.

Score __/6

**6 Complete the second text so that it has the same meaning as the first using the passive infinitive with or without *to*.**

### A green day at the beach

We protect ourselves when we go to the beach, but we also need to protect the environment! Here are some tips:
If you are going to eat food, you should pick up anything you drop.
You shouldn't play your music at a loud volume – you could call that noise pollution!
Finally, you mustn't leave any rubbish behind when you leave.
Have a great green day at the beach!

### A green day at the beach

We protect ourselves when we go to the beach, but the environment also **1** _____ . Here are some tips:
If food **2** _____ , anything you drop **3** _____ .
Your music **4** _____ at a loud volume – that **5** _____ noise pollution!
Finally, no rubbish **6** _____ behind when you leave.
Have a great green day at the beach!

Score __/6

**7 Complete the sentences with the correct form of *allow*, *let* or *make*.**

1 Abby was happy that she was _____ to stay up later than usual.
2 Zak's parents only _____ him play his guitar in his room.
3 Colin's parents _____ him pick up the rubbish he had thrown on the floor.
4 Does your school _____ you wear a school uniform?
5 Tania's teachers _____ her use her mobile in class to look up a word.
6 Are you _____ to use your mobile phone when you are eating?

Score __/6

**8 Complete the text with the correct form of the verbs in the box.**

get look (x2) make (x2) say work

### Michelle Reader

It **1** _____ that 'one person's trash is another person's treasure' and this couldn't be truer of artist Michelle Reader, whose sculptures **2** _____ from recycled materials.

In 1997, Michelle **3** _____ a degree in Fine Art and she **4** _____ with recycled materials since then. Her pieces are very impressive.

Right now I **5** _____ at her piece called *Plastic Flowers* and I'm thinking she can't **6** _____ this only out of recycled material but when you **7** _____ closer, you can see parts of umbrellas and plastic bottles. It's incredible.

Score __/7



LIVEWORKSHEETS

UNIT 5

# Progress test

## Reading

### The minimalists

Joshua Fields Millburn and Ryan Nicodemus were childhood friends. Before they became 30, they were both earning a lot of money, but they realised that having a lot of money and possessions wasn't making them happy. One day, Joshua accidentally discovered the idea of living with less on a blog, and after connecting with people who called themselves 'minimalists', he started getting rid of things at home and living a minimalist lifestyle with very few possessions. Then he convinced his friend Ryan to do the same.

In 2010, Joshua and Ryan started a blog to encourage their readers to follow a minimalist lifestyle, calling themselves 'the minimalists'. They had 52 visitors in the first month and since then they have helped over 20 million people live meaningful lives with less, not just with their blog but with books, a podcast and a documentary.

To get started, Joshua and Ryan suggest you first decide why you want to become a minimalist. Think about what you can improve in your life by having fewer things. The second step is to start reducing your possessions. They have invented the '30-day minimalism game' which you can play with a friend or colleague. Start by getting rid of one thing on the first day of the month, two on the second, three on the third and so on. You can donate, sell or throw away your things, but they must be gone by midnight each day. The person who keeps going for the longest is the winner.

What are the benefits of a minimalist lifestyle? Minimalists claim that they have more time to spend on the most important things in their lives, such as relationships and pastimes, when they get rid of the majority of their possessions. They believe that happiness isn't in things but in experiences.

**9 Read the article and choose the correct answers.**

1 What is the main topic of the article?

**a** a technique to have a tidy house

**b** two men who want people to live with less

**c** how to build a successful blog on minimalism

2 What is the main intention of the writer?

**a** to get us to play the '30-day minimalism game'

**b** to inform the reader about Joshua and Ryan

**c** to make the reader consider the benefits of a minimalist lifestyle

Score __/2

**10 Read the article again. Are the sentences T (true), F (false) or is there NI (no information)?**

1 Joshua and Ryan are both the same age. **T/F/NI**

2 The idea of living with less things was invented by Joshua. **T/F/NI**

3 Over 20 million people have read their blog. **T/F/NI**

4 The winner of the '30-day minimalism game' has less possessions at the end of the game. **T/F/NI**

5 Minimalists say having fewer possessions lets you concentrate on important things. **T/F/NI**

Score __/5

**11 Choose the correct answers.**

1 What does the title 'The minimalists' refer to?

**a** Joshua and Ryan

**b** people who like to live with less

**c** different techniques of removing possessions

2 The phrase 'getting rid of things' means

**a** selling his things to other people

**b** removing things from his house

**c** giving his things to other people

3 According to the writer, how have Joshua and Ryan helped people?

**a** by making a film

**b** by encouraging people to call themselves 'minimalists'

**c** by donating all their possessions to other people

4 When getting started, you should

**a** consider the benefits of having less possessions.

**b** throw away as much as possible at first.

**c** compete with a friend to see who can donate the most possessions.

5 According to the text, what is true of minimalism?

**a** It lets you travel more.

**b** It is more about what you do than what you have.

**c** makes you happier.

Score __/5

**12 Write three benefits of having less things.**

_____

_____

_____

Score __/3



LIVEWORKSHEETS

UNIT 5

# Progress test

## Listening

**13 Listen to a radio programme. Tick (✓) the three things that are mentioned.**

1 the name of the presenter of the radio show ___
2 the percentage of young people who use products that don't damage the environment ___
3 the name of a scientist who is popular on social media ___
4 why we should think about where food is from ___
5 what we should ask ourselves before we buy something new ___
6 how to recycle plastic ___

Score __/3

**14 Listen again and complete the sentences with words or numbers.**

1 The presenter says that Jenny knows a lot about _____ .
2 Jenny says that young people are able to communicate about the _____ of climate change.
3 Greta Thunberg has got _____ followers on Instagram.
4 According to Jenny, learning to cook is healthy and _____ for you.
5 Jenny feels that before we spend money, we should think _____ whether we need it.
6 Jenny suggests that glass containers can be used to keep _____ in.

Score __/6

**15 Listen again and answer the questions.**

1 What is the presenter concerned about at the beginning of the radio show?

_____

2 What was discovered in a survey about young people?

_____

3 What does Jenny say about young people?

_____

4 What does Jenny say about food?

_____

5 What does Jenny say about shopping?

_____

6 What does Jenny say about alternatives to plastic.

_____

Score __/6

## Speaking

**16 Complete the phrases for comparing and contrasting in the dialogue with the correct form of the words in the box. There are two extra words.**

bad comfortable eco-friendly expensive fashionable good value

**Dan** Do you know if there are any environmentally friendly trainers?

**Aki** Let me look online. I can see two pairs that are **1** _____ than most trainers.

**Dan** Why's that?

**Aki** They both contain recycled plastic from the ocean so they're **2** _____ for the environment.

**Dan** What's the difference between the two?

**Aki** The cost. The blue pair is not as **3** _____ as the green pair.

**Dan** Do they look comfortable?

**Aki** I think the blue pair looks **4** _____ to wear than the green pair and has got a cool design.

**Dan** That's good. The **5** _____ the better.

**Aki** I'd get the blue pair. Not only are they cheaper, but they look nicer.

**Dan** I agree. And blue is my favourite colour!

Score __/5

**17 Work in pairs and act out the dialogues using the prompts in the Speaking task from your teacher.**

Score __/5



LIVEWORKSHEETS

UNIT 5

# Progress test

## Writing

**18 Write a blog post about two things that young people can do to help the environment.**

**Write 100–120 words.**

Score __/10

**Teacher's comments:**

**Vocabulary ___/25**
**Grammar ___/25**
**Reading ___/15**
**Listening ___/15**
**Speaking ___/10**
**Writing ___/10**
**TOTAL ___/100**

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Higher

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