It didn't hurt!

[1] In 2008, Alex Lenkei had a problem with the bone in his arm and he needed a serious operation. Normally, with an operation like that, the doctor gives the patient an anaesthetic so that he or she doesn't feel any pain. But Lenkei refused the anaesthetic. Instead, he hypnotised himself and simply told himself that he could not feel any pain. That took about thirty seconds. Then the operation started. According to Mr Lenkel, pain signals do not reach his brain when he is hypnotised.

[2] The doctor, David Llewellyn-Clerk, was a bit worried. He had to take some bone from Lenkei's arm. He watched Lenkei carefully during the operation, as he wasn't sure that Lenkei could feel no pain. 'I didn't think Mr Lenkei could hear us,' said Dr Liewellyn-Clerk, 'but half way through the operation, he said "How's it going?"' That's when the doctor realised that Lenkei was not in pain. The operation lasted 83 minutes.

[3] Mr Lenkei started hypnotising people when he was sixteen and is now an expert. It wasn't his first operation without anaesthetic. In 1996, a friend hypnotised him before a thirty-minute operation on his stomach. Both operations were successful, so Lenkei had a third operation without anaesthetic in 2013, this time on his ankle, which also went well.



1. Alex Lenkei had a problem with his leg in 2008. True or False
2. Lenkei didn't want to use any anaesthetic. True or False
3. It took him about half a minute to hypnotise himself. True or False
4. The doctor, David Llewellyn-Clerk, was calm and relaxed from the very beginning of the operation. True or False
5. Mr Lenkei started learning about hypnosis when he was an adult. True or False
6. Lenkei has had three successful operations without anaesthetic in total. True or False

Find the words in the text and write them.

1. A doctor's medical procedure to fix a health problem inside the body _____
2. A medicine or substance that stops a patient from feeling pain _____
3. Feeling nervous, anxious, or uneasy about something _____
4. A person who knows a lot about a subject or has special skill _____
5. The part of the body that connects your foot to your leg _____
6. To say "no" to something that someone offers or asks you to do _____

LIVEWORKSHEETS