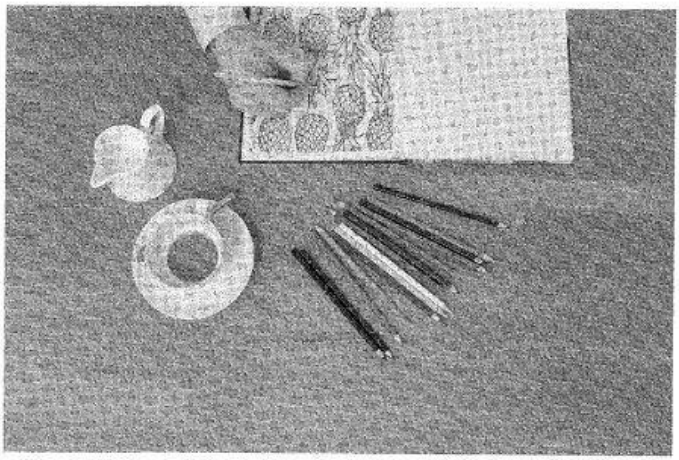
Test 5 Reading Part 5

Questions 21–26

For each question, choose the correct answer.



Colouring books

Many people probably used to spend time adding colour to pictures in colouring books when they were children. However, once people get older, very few of them continue with the hobby. Instead, they **(21)** ..... their crayons away in the cupboard forever.

However, psychology researchers now think that even for adults, **(22)** ..... as little as ten minutes a day colouring pictures in this way can bring huge **(23)** ..... For example, some people say that it improves their **(24)** ..... for a while by making them feel more cheerful and generally calmer.

One reason for this may be that other activities **(25)** ..... with art, such as drawing or painting, can actually be quite stressful, especially if you don't feel very successful at it. But adding colour to a picture that's already drawn for you **(26)** ..... only a low level of skill, so you can relax rather than becoming anxious about it!

21	**A** leave	**B** set	**C** give	**D** put
22	**A** taking	**B** completing	**C** spending	**D** filling
23	**A** benefits	**B** interests	**C** favours	**D** uses
24	**A** character	**B** mood	**C** condition	**D** mind
25	**A** connected	**B** joined	**C** compared	**D** attached
26	**A** depends	**B** calls	**C** lacks	**D** requires

LIVEWORKSHEETS