

I. MULTIPLE CHOICE

1. My brother loves _____ coins and has a very nice collection from different countries.
A. doing B. collecting C. making D. playing
2. Eating too much junk food can lead to _____ gain and other health problems.
A. weight B. energy C. skin D. stomach
3. We should wash our hands regularly to _____ flu and other common illnesses.
A. cause B. prevent C. spend D. treat
4. Teenagers often spend a lot of time _____ videos or playing games online.
A. to watch B. watch C. watching D. watched
5. Last summer, our school _____ a community project to help children in rural areas.
A. starts B. started C. starting D. start
6. My sister is very creative; she enjoys _____ dolls from old plastic bottles.
A. doing B. carving C. making D. collecting
7. If you feel tired and have a headache, you _____ go to bed early and take a rest.
A. should B. shouldn't C. must D. can't
8. Volunteers taught English to poor children in the village _____ three weeks ago.
A. on B. in C. at D. for
9. People who eat a lot of fruit and vegetables have a _____ lifestyle.
A. unhealthy B. healthy C. bad D. sick
10. My mother _____ morning exercises with her friends in the park yesterday morning.
A. do B. does C. did D. doing
11. Nam didn't _____ to school yesterday because he had a bad fever.
A. go B. goes C. went D. going
12. There _____ many volunteers joining the clean-up campaign last weekend.
A. is B. are C. was D. were
13. She loves _____ trees and flowers in the school garden in her free time.
A. plant B. planting C. planted D. plants
14. Eating more garlic can help you avoid a _____ or a runny nose.
A. toothache B. cold C. stomachache D. backache
15. What _____ you _____ last Sunday? - I visited an elderly home.
A. do / do B. did / do C. are / doing D. will / do
16. My friend enjoys _____ board games with his younger brother in the evening.
A. play B. plays C. playing D. played
17. We _____ used books and notebooks to poor children last month.
A. donate B. donated C. donating D. donates
18. Too much screen time is bad _____ your eyes and can make them tired.
A. for B. with C. to D. at
19. Yesterday, Lan _____ her grandparents on their farm and helped them feed the chickens.
A. visit B. visits C. visited D. visiting
20. Regular physical activity helps us stay _____ and full of energy.
A. sick B. weak C. tired D. fit

Reading. Read the passage and answer the following questions.

My name is Mai, and my favorite hobby is gardening. I started this hobby three years ago when my grandfather gave me some flower seeds. At first, I only planted flowers in small pots on our balcony. Now, our house has a small garden in the backyard with many kinds of roses, vegetables, and herbs. Gardening brings me a lot of benefits. Firstly, working in the garden is a great way to exercise and stay healthy. Secondly, it helps me reduce stress after a long day at school. Watching plants grow every day makes me feel happy and proud. In addition, my family can enjoy fresh and organic vegetables from our garden. In the future, I plan to join a local green club to share my experience with other plant lovers.

1. When did Mai start her hobby of gardening?

2. Where did Mai plant flowers at first?

3. How does Mai feel after a long day at school when gardening?

4. Can Mai's family enjoy fresh vegetables from their garden?

5. What does Mai plan to do in the future?

III. WRITING

Part 1. Rearrange the words to make complete sentences.

1. hobbies / My / reading / are / books / and / gardening / .

2. junk / eating / You / avoid / should / food / much / too / .

3. last / English / taught / children / We / poor / summer / .

4. stay / healthy / want / Do / you / to / ?

5. collecting / brother / My / loves / stamps / glass / and / .
