

## 1 Match the photos with the bad habits.



1



2



3



4



5

☐ a. biting nails☐ c. pulling one's hair☐ e. snacking too much☐ b. grinding teeth☐ d. crucking knuckles

## 2 Match the words with their definitions.

☐ 1. memorise

a. be seen or noticed clearly

☐ 2. work on

b. become something different

☐ 3. remind

c. plan or decide to do something

☐ 4. realise

d. spend time on something

☐ 5. lose heart

e. learn something so that you remember them perfectly

☐ 6. turn into

f. become hopeless or discouraged.

☐ 7. intend

g. make someone remember something

☐ 8. show up

h. become aware of something that you didn't notice before

## 3 Complete the sentences using the words in exercise 2. Make necessary changes.

- Overusing social media is a waste of time. You may not ..... how many hours you spent online.
- I am not sure if I can handle the leading role in the school play. It is difficult to ..... the script.
- If you don't ..... me about the deadline of the project, I can forget about it.
- If Alex hadn't been ill, he would have ..... for the seminar.
- Ashton ..... the script well so he got a part in the school play.
- If you study enough, you will succeed. Don't .....
- I am sure you didn't ..... to break my heart, try to be more polite next time.
- Natalie was such an inexperienced actress, so working with her ..... a nightmare.

## 4 Match the idioms with the correct statements.

- My best friend Dora is supportive; she **supports me** whenever I need help.
- Frankie **doesn't listen** to her parents' requests and does whatever he wants.
- Whenever Mr. Wilson makes jokes, his students **think that he really means that**.

a. turn a deaf ear .....

b. take it to heart .....

c. back someone up .....