



Daily Routine



FROM MORNING TO NIGHT

**1 Watch the video. Number and write.** [youtube.com/watch?v=L31ExXwlsVc](https://www.youtube.com/watch?v=L31ExXwlsVc)

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a. Number the circles 1-10 in the order you hear them. b. Write the activity under each picture.

 _____ A	 _____ B	 _____ C	 _____ D	 _____ E
 _____ F	 _____ G	 _____ H	 _____ I	 _____ J

WORD BOX

wake up

have a shower

have breakfast

take a bus

work

have lunch

take a bike

work out

read a book

go to bed

2 Listen again. Tick (✓) the correct answer.

____ / 1

1 What time does she wake up?

- ☐
- a) at eight
- ☐
- b) at nine
- ☐
- c) at ten

2 What does she do after yoga?

- ☐
- a) She goes to sleep.
-
- ☐
- b) She has a shower.
-
- ☐
- c) She reads a book.

3 What does she have for breakfast?

- ☐
- a) a ham sandwich and orange juice
-
- ☐
- b) pizza and a glass of milk
-
- ☐
- c) avocado toast and a coffee with milk

4 What time does she leave home?

- ☐
- a) at seven
- ☐
- b) at eight
- ☐
- c) at twelve

5 How does she go to work?

- ☐
- a) by bike
- ☐
- b) by car
- ☐
- c) by bus

6 Where does she have lunch?

- ☐
- a) in a restaurant
- ☐
- b) at home
-
- ☐
- c) in a cafeteria

7 What does she like to eat?

- ☐
- a) pasta with tomato sauce
-
- ☐
- b) Spanish omelette and a salad
-
- ☐
- c) cereal with milk

8 Where does she go by bike?

- ☐
- a) to work
- ☐
- b) to university
-
- ☐
- c) to yoga classes

9 Where does she go after work?

- ☐
- a) to the gym
- ☐
- b) home
-
- ☐
- c) to a restaurant

10 What does she do before she goes to sleep?

- ☐
- a) She listens to music.
-
- ☐
- b) She reads a book.
-
- ☐
- c) She has a shower.