

FOOD AND COOKING

English Worksheet · Vocabulary and Present Simple · Level A2

Name: _____

Date: _____

A Reading

Read about Mia's favorite meal.

Hi! My name is Mia, and I love food and cooking. For breakfast, I usually eat eggs, toast, and fruit. My favorite fruit is a banana. On Saturdays, I help my dad prepare lunch. We wash the vegetables, chop the onions, and cook chicken with rice. My dad uses a frying pan, a knife, and a wooden spoon. I sometimes make a salad with lettuce, tomatoes, and cucumbers. We drink water or orange juice with our meal. After lunch, I help clean the kitchen and wash the dishes. Cooking is fun because I learn new recipes and spend time with my family.

B True or False?

Write T if the sentence is true or F if it is false.

1. Mia usually eats eggs, toast, and fruit for breakfast. _____
2. Mia prepares lunch alone every Saturday. _____
3. Mia and her dad cook chicken with rice. _____
4. Mia uses a wooden spoon to drink juice. _____
5. Mia helps clean the kitchen after lunch. _____

C Complete the sentences

Use the correct form of the verb in parentheses.

1. Mia _____ (eat) fruit for breakfast.
2. They _____ (wash) the vegetables before cooking.
3. Her dad _____ (use) a frying pan.
4. I _____ (help) my family in the kitchen.
5. Mia _____ (make) a salad on Saturdays.

D Food vocabulary

Match each word with its meaning. Write the correct letter.

- | | |
|---------------------|--|
| 1. knife _____ | A. A green vegetable used in salads |
| 2. cucumber _____ | B. A tool used to cut food |
| 3. recipe _____ | C. Instructions for making a dish |
| 4. frying pan _____ | D. A kitchen tool used to fry food |
| 5. meal _____ | E. Food eaten at breakfast, lunch, or dinner |

FOOD AND COOKING

Worksheet · Page 2

E Put the steps in order

Write numbers 1–5 to show how to make a simple salad.

- _____ Mix the ingredients in a bowl.
- _____ Wash the lettuce and tomatoes.
- _____ Serve the salad on a plate.
- _____ Cut the vegetables into small pieces.
- _____ Add a little salt and olive oil.

F Choose the correct option

Circle or underline the best answer.

1. You use a _____ to cut bread. (knife / plate / cup)
2. Carrots and potatoes are _____. (vegetables / drinks / desserts)
3. You can boil water in a _____. (kettle / fork / napkin)
4. A cake is usually a _____. (dessert / ingredient / utensil)
5. We _____ pasta in hot water. (boil / peel / slice)
6. You eat soup with a _____. (spoon / knife / chopping board)
7. Lemon juice tastes _____. (sour / spicy / salty)
8. Food that has lots of sugar can taste _____. (sweet / bitter / raw)

G Match the cooking verbs

Match the verb to the correct definition.

- | | |
|---------------|---|
| 1. chop _____ | A. Cook food in hot water |
| 2. bake _____ | B. Remove the skin from fruit or vegetables |
| 3. peel _____ | C. Cut something into small pieces |
| 4. boil _____ | D. Cook food in an oven |
| 5. stir _____ | E. Move food around with a spoon |
| 6. fry _____ | F. Cook food in hot oil |

H Complete the dialogue

Use the words: menu · hungry · order · delicious · bill.

Waiter: Hello! Here is the _____.

Customer: Thank you. I'm very _____. I'd like to _____ a chicken sandwich.

Waiter: Would you like anything to drink?

Customer: Orange juice, please.

Waiter: Here you are. Enjoy your meal!

Customer: Thank you! The sandwich is _____. Can I have the _____, please?

FOOD AND COOKING

Worksheet · Page 3

I Food categories

Write each word in the correct category.

Words: apple · chicken · milk · broccoli · salmon · cheese · grapes · yogurt · spinach · beef · orange juice · pear

Fruit	Vegetables	Meat / Fish	Dairy	Drinks

J Word search

Find these 8 food words. Words go horizontally or vertically.

C	H	I	C	K	E	N	R	A
A	P	P	L	E	N	U	T	S
M	I	L	K	X	E	G	G	S
B	R	E	A	D	R	I	C	E
C	A	R	R	O	T	P	E	A
J	U	I	C	E	F	I	S	H
C	H	E	E	S	E	T	O	Y
S	A	L	A	D	B	E	A	N
G	R	A	P	E	S	O	I	L

Find these words:

CHICKEN
APPLE
MILK
BREAD
CARROT
JUICE
CHEESE
SALAD

K Your turn!

Write 4–5 sentences about food you like and how to prepare it. Use the present simple.

You can write about your favorite meal, ingredients, cooking verbs, and drinks.

L Quick vocabulary challenge

Translate these words into Spanish.

1. ingredient: _____

2. delicious: _____

3. chopping board: _____

4. spicy: _____

5. boil: _____