



**ĐỀ CƯƠNG ÔN TẬP GIỮA KỲ I MÔN TIẾNG ANH 7
NĂM HỌC 2026 - 2027**

A. LISTENING: Skills 2 unit 1, 2, 3

B. PHONETICS

I. Find the word which has a different sound in the part underlined.

- | | | | |
|------------------------|---------------------|--------------------|-------------------|
| 1. A. <u>learn</u> | B. <u>early</u> | C. <u>earth</u> | D. <u>hear</u> |
| 2. A. <u>leaf</u> | B. <u>favourite</u> | C. <u>farm</u> | D. <u>of</u> |
| 3. A. <u>wanted</u> | B. <u>provided</u> | C. <u>planted</u> | D. <u>watched</u> |
| 4. A. <u>helps</u> | B. <u>organises</u> | C. <u>collects</u> | D. <u>donates</u> |
| 5. A. <u>orphanage</u> | B. <u>patient</u> | C. <u>agree</u> | D. <u>about</u> |

II. Choose the word (A, B, C, or D) whose stress pattern is different from that of the others.

- | | | | |
|-----------------|-------------|-------------|-------------|
| 1. A. relax | B. doctor | C. sugar | D. healthy |
| 2. A. vegetable | B. exercise | C. medicine | D. banana |
| 3. A. collect | B. enjoy | C. gather | D. prefer |
| 4. A. hobby | B. jogging | C. fishing | D. guitar |
| 5. A. creative | B. decorate | C. unusual | D. computer |

C. LANGUAGE FOCUS

I. Choose the best answer A, B, C or D.

1. Mi _____ playing computer games because it's not good for her eyes.
A. likes B. loves C. hates D. enjoys
2. Does your father like _____ photos?
A. doing B. making C. taking D. having
3. We watched _____ exciting chess match between two young grandmasters last night.
A. a B. an C. the D. some
4. If you want to get better, you _____ practise your favourite hobby regularly.
A. mustn't B. needn't C. should D. can't
5. Hoa dislikes _____ English grammar. She thinks it's very difficult.
A. learns B. learning C. learn D. to learn
6. My daughter is _____ and careful. She can make new things easily.
A. creative B. careful C. serious D. happy
7. She wants to work in a _____ to care for old people.
A. theater B. museum C. supermarket D. nursing home
8. I really love making models and my brother _____ it too.
A. love B. loves C. don't love D. doesn't love
9. A: What _____ your mother _____ to keep fit? - B: She _____ jogging
A. do; does B. do; goes C. does; do D. does; does; goes
10. My sister _____ how to swim.
A. don't know B. doesn't know C. don't knows D. not know
11. I _____ him in the park yesterday afternoon.
A. did saw B. see C. was see D. saw
12. A: _____ you _____ the football match yesterday? - B: Yes, I _____.
A. Did; enjoy; did B. Did; enjoyed; did C. Do; enjoy; do D. Do; enjoyed; do
13. My mother _____ to work yesterday morning.
A. didn't went B. not go C. wasn't went D. didn't go
14. We _____ the project Plant a Tree to make our area green in 2019.
A. took part in B. took care of C. cooked for D. picked up

15. Nam: What did you do to help your community last summer, Linh?

Linh: I helped lonely elderly people.

A. Too bad!

B. Hmm

C. Amazing!

D. Let's go

II. Choose the correct answer that has the CLOSEST meaning to the underlined part.

1. Gardening really makes us happy, and we love spending time together.

A. enjoy

B. want

C. like

D. teach

2. Coloured vegetables are good food.

A. bad

B. healthy

C. strong

D. long

III. Choose the correct answer that has the OPPOSITE meaning to the underlined part.

1. Watching TV in a dark room with dim light can make our eyes feel uncomfortable.

A. bright

B. dark

C. old

D. large

2. Eat less fast food, beef, and ice cream.

A. fewer

B. more

C. much

D. more

IV. Circle the letter A, B, C or D to indicate the underlined part that needs correcting in each of the following questions.

1. Does Tom volunteer to teach English in our village last summer?

A

B

C

D

2. Minh and his friends often tutoring small children in their village.

A

B

C

D

3. We provide food for homeless children last Tet holiday.

A

B

C

D

4. My sister likes goes camping at the weekend.

A

B

D

5. My sister don't like horse ride because she's afraid of horses.

A

B

C

D

V. READING

I. Choose the letter A, B, C or D to complete the passage below.

Gardening is a relaxing hobby that brings people closer to nature. Scientists have studied thousands of people who grow plants, and they found some interesting results. People who garden often feel (1) _____ and worry less about their daily problems. Gardening also keeps the body active because gardeners bend, dig, and (2) _____ heavy tools around the yard. (3) _____ growing their own vegetables, many families slowly build healthier eating habits. Spending time outdoors in the fresh air can (4) _____ their mood as well. Because of these benefits, some doctors now suggest gardening (5) _____ a simple and low-cost way to stay well.

1. A. busier

B. happier

C. lazier

D. angrier

2. A. carries

B. to carry

C. carry

D. carrying

3. A. By

B. Because

C. Although

D. But

4. A. reduce

B. damage

C. stop

D. improve

5. A. for

B. as

C. like

D. of



II. Read the passage and choose the best answer to the questions.

There are habits that we should avoid so that we can have a healthy life. Most people are stuck to the screens of mobile phones these days. This is an unhealthy habit we should get rid of right away. Watching too much TV or spending too much time on computer is also something we should avoid. It is bad for our eyes, and sitting for a long time can lead to backache.

Many of US are too busy to cook, so we have fast food and junk food. Those kinds of food contain a lot of fat, salt, and sugar, which have bad effects on our health. It is time to watch out on our eating habit of fast food and junk food. We should eat home-made food. This will not only keep US healthy but also in good shape.

Many of us are so busy that we skip our meals. There is a tendency of skipping breakfast. If we skip meals, we will have stomachache.

Smoking and drinking are the two things that make US unhealthy. Too much smoking and drinking can lead to a lot of health problems, even cancer.



1 What is the text about?

- A. The ways for US to avoid habits
- B. Habits and diseases
- C. The reasons why we have habits
- D. Some habits that lead to unhealthy life

2 Which of the following is a good thing to do?

- A. get rid of unhealthy habits
- B. use mobile phones for a long time
- C. eat less home-made food
- D. watch too much TV

3 What kinds of food have bad effects on our health?

- A. home-made food and fast food
- B. junk food and home-made food
- C. fast food and junk food
- D. home-made food

4 If we skip meals, we will have _____.

- A. bad effects on our health
- B. fast food
- C. stomachache
- D. junk food

5 According to the passage, too much smoking and drinking can lead to:

- A. unhealthy life
- B. weight loss
- C. health problems
- D. stomach diseases

E. WRITING

I. Rewrite the sentences without changing the meaning as the first one.

- 1 My dad loves outdoor activities. I love outdoor activities.
→ Both _____
- 2 It is bad for your heart if you eat too much meat.
→ Eating too much meat _____
- 3 I love eating noodles so much.
→ I enjoy _____
- 4 Ruby visited the orphanage. She played games with the children.
→ Ruby _____
- 5 It's good for you to do exercise every day.
→ You should _____



IV. Complete each of the following sentences using the cues given. You can change the cues and use other words in addition to the cues to complete the sentences.

- 1 My best friend's / hobby / build / dollhouse.
→ _____
- 2 My brother / teach / me / how / make / model planes / two / year / ago.
→ _____
- 3 Going to bed / getting up / early / be / good / your health.
→ _____
- 4 You / should / eat / colour / vegetables/ fruit.
→ _____
- 5 Exercise/ daily/ help / you / be / happy / positive.
→ _____

The end



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ĐỀ CƯƠNG ÔN TẬP GIỮA KỲ I MÔN TIẾNG ANH 7
NĂM HỌC 2025 - 2026



A. LISTENING: Skills 2 unit 1, 2, 3



B. PHONETICS

I. Find the word which has a different sound in the part underlined.

- | | | | |
|---------------------------------|----------------------|----------------------|-----------------------|
| 1. A. <u>Th</u> ursday | B. <u>sur</u> prise | C. <u>f</u> urniture | D. <u>bur</u> glar |
| 2. A. <u>th</u> under | B. <u>an</u> other | C. <u>f</u> ather | D. <u>re</u> serve |
| 3. A. <u>l</u> earn | B. <u>ea</u> ly | C. <u>e</u> arth | D. <u>h</u> ear |
| 4. A. <u>v</u> erb | B. <u>h</u> erb | C. <u>ne</u> ver | D. <u>p</u> erson |
| 5. A. or <u>ph</u> anage | B. <u>p</u> atient | C. <u>a</u> gree | D. <u>a</u> bout |
| 6. A. <u>l</u> ea <u>f</u> | B. <u>f</u> avourite | C. <u>f</u> arm | D. <u>o</u> f |
| 7. A. <u>n</u> igh <u>t</u> | B. <u>t</u> ough | C. <u>f</u> light | D. <u>h</u> igh |
| 8. A. <u>o</u> f | B. <u>f</u> unny | C. <u>w</u> ife | D. book <u>sh</u> elf |
| 9. A. <u>d</u> olphin | B. <u>u</u> phill | C. <u>e</u> arphone | D. alphab <u>e</u> t |
| 10. A. <u>c</u> ough | B. en <u>o</u> ugh | C. <u>th</u> rough | D. <u>l</u> augh |
| 11. A. <u>s</u> ta <u>r</u> ted | B. <u>w</u> ashed | C. <u>w</u> anted | D. <u>v</u> isited |
| 12. A. <u>n</u> eeded | B. <u>d</u> ecided | C. <u>s</u> tarted | D. <u>c</u> ooked |
| 13. A. <u>e</u> njoyed | B. <u>c</u> alled | C. <u>l</u> aughed | D. <u>w</u> atered |
| 14. A. <u>w</u> atched | B. <u>l</u> ooked | C. <u>l</u> istened | D. <u>t</u> alked |
| 15. A. <u>p</u> layed | B. <u>s</u> topped | C. <u>b</u> ooked | D. <u>p</u> assed |



C. LANGUAGE FOCUS

I. Choose the best answer A, B, C or D.

- Mi _____ playing computer games because it's not good for her eyes.
A. likes B. loves C. hates D. enjoys
- Does your father like _____ photos?
A. doing B. making C. taking D. having
- Mai has lots of dolls. She wants to build a _____ for them.
A. doll B. coin C. model D. dollhouse
- Nick prefers making models to _____ coins.
A. collecting B. using C. cutting D. doing
- Hoa dislikes _____ English grammar. She thinks it's very difficult.
A. learns B. learning C. learn D. to learn
- My daughter is _____. She can make new things easily.
A. creative B. careful C. serious D. happy
- You should wear a hat and put on suncream to avoid _____.
A. skin B. fitness C. activity D. sunburn
- Playing sports is very good for our _____.
A. chapped lips B. suncream C. acne D. health
- We _____ the rubbish and put it into the bin over there.
A. pick up B. do C. use D. provide
- She wants to work in a _____ to care for old people.
A. theater B. museum C. supermarket D. nursing home
- I really love making models and my brother _____ it too.



12. A: What _____ your mother _____ to keep fit? – B: She _____ jogging.
A do; do; goes B. do; does; go C. does; do; goes D. does; does; goes
13. My teacher _____ very kind. We really like her.
A. is B. isn't C. are D. aren't
14. My sister _____ how to swim.
A. don't know B. doesn't know C. don't knows D. not know
15. I _____ him in the park yesterday afternoon.
A. did saw B. see C. was see D. saw
16. A: _____ you _____ the football match yesterday? – B: Yes, I _____.
A. Did; enjoy; did B. Did; enjoyed; did C. Do; enjoy; do D. Do; enjoyed; do
17. Nga: I have a headache and feel a little dizzy.
James: You _____ take a rest.
A. should B. shouldn't C. can't D. will
18. Tom: What did you do to help your community last summer, Mi?
Mi: I helped lonely elderly people.
Tom: _____.
A. Too bad! B. Hmm C. Wonderful! D. Let's go



II. Choose the correct answer that has the CLOSEST meaning to the underlined part.

1. He tutored his neighbour's son in maths because he wanted to do better in school.
A. tested B. reduced C. made D. taught
2. It is very beneficial to sleep in a dark and quiet room to help you rest well at night.
A. helpful B. exciting C. caring D. quiet



III. Choose the correct answer that has the OPPOSITE meaning to the underlined part.

1. Watching TV in a dark room with dim light can make our eyes feel uncomfortable.
A. bright B. clean C. old D. large
2. My family collects food every month to give to needy people at the local food bank.
A. rich B. smart C. busy D. brave



D. READING

I. Read the text carefully, and then choose the correct answer.

WE ALL NEED EXERCISE

The body needs exercise. Exercise uses up food and keeps the body strong. It makes your heart and muscles strong. Exercise also makes you feel good. If you exercise a few times a week, you will stay healthy and happy.

Some people in America do not get enough exercise. They work in office buildings sitting in a chair all day in front of computers. They live far from their offices, and they have to drive their cars to get to work. Therefore, when they get home at night, they don't want to exercise after work.

Today, many Americans are overweight. This causes health problems for some people. Doctors say that exercise can help people both lose weight and improve their health. So, many people are trying to get more exercise. But it takes time to change, and when people do not see a difference right away, they lose interest in exercising.

1. According to the text, what parts of the body does exercise make strong?
A. Your body and your office. B. Your computer and your work.
C. Your heart and your muscles. D. Your food and your health.
2. The writer mentions that in America, _____.
A. many people spend much time driving to work.
B. most office workers can get a lot of exercise.
C. many people are overweight because they don't get enough exercise.



D. Americans don't like doing exercise.

3. What is the reason why some people in America do not get enough exercise?

- A. They want to lose interest in exercising.
- B. They live close to their offices.
- C. They prefer watching TV to exercising.
- D. They work in office buildings, sitting all day.

4. Why don't the Americans get enough exercise?

- A. They don't have enough time to exercise.
- B. They find it difficult to exercise.
- C. They feel tired of exercising.
- D. They don't want to lose weight.

5. According to the last paragraph, what is the biggest challenge for people trying to start exercising?

- A. There are no good offices close to their homes.
- B. They quickly lose interest if they do not see results right away.
- C. Doctors do not agree that exercise is helpful.
- D. They are only interested in losing weight, not improving health.



II. Read the passage, and then choose the correct answer.

My school has a number of volunteer activities every summer. The activities include donating books to village children, (1) _____ kids in the neighbourhood, teaching English to primary students, reading books or cooking food for the (2) _____. Our school started this programme five years ago. Every student can join one or two activities. In the beginning, we thought about why we should join in these activities. We then thought about what (3) _____ we wanted to do. Those who like reading could choose to collect and donate (4) _____. Those who are good at English could (5) _____ primary students. Finally, we signed up for the activities we chose. Our teachers often encourage us to stay committed. They also help us when we need it. We have a lot of fun and learn many things from doing the activities.

- | | | | |
|------------------|-------------|---------------|-------------|
| 1. A. tutor | B. tutored | C. tutoring | D. to tutor |
| 2. A. rich | B. needy | C. young | D. strong |
| 3. A. activities | B. jobs | C. work | D. thing |
| 4. A. clothes | B. pictures | C. vegetables | D. books |
| 5. A. learn | B. talk | C. tutor | D. study |



E. WRITING

1. Circle the letter A, B, C or D to indicate the underlined part that needs correcting in each of the following questions.

1. We picks up litter at the local park every Sunday.
A B C D
2. Minh and his friends often tutoring small children in their village.
A C D
3. We provided food for homeless child last Tet holiday.
A B C D
4. Our school club make gloves for old people in nursing homes last winter.
A B C D
5. Does Tom volunteer to teach English in our village last summer?
A B C D
6. Does Ann goes to a horse riding club every Sunday?
A B C D



7. My dad has a big bookshelf because he loves collection old books.
 A B C D
8. My sister likes goes camping at the weekend.
 A B C D
9. My family often goes cycle in the countryside because outdoor activities are good for our health.
 A B C D
10. My sister doesn't like horse ride because she's afraid of horses.
 A B C D



II. Put each word in capital letters into the correct form so that it can fit the gap in each sentence below

1. My dad has a big bookshelf because he loves _____ old books. (collection)
 2. Minh is a good _____. He plays football friends every day. (football)
 3. Outdoor activities are good for our _____. (healthy)
 4. The volunteers help the _____ and street children. (old)
 5. Tom and his friends water the plants in their _____ every weekend. (neighbour)
 6. We avoid _____ food and soft drinks. (sweet)
 7. They collected clothes and gave them to _____ children. (home)
 8. Children in our village exchange _____ paper for notebooks every school year. (use)



III. Rewrite the sentences without changing the meaning as the first one.

1. My dad loves outdoor activities. I love outdoor activities.
 → My _____ love outdoor activities
2. We avoid staying up late. We avoid eating unhealthy food.
 → We _____
3. I love eating noodles so much.
 → I enjoy _____
4. She thinks that horse riding is difficult.
 → She finds _____
5. It's good for you to do exercise every day.
 → You should _____



IV. Complete each of the following sentences using the cues given. You can change the cues and use other words in addition to the cues to complete the sentences.

1. My / best friend's / hobby / build / dollhouse.
 → _____
2. My/ brother / teach / me / how / make / model planes / two / year / ago.
 → _____
3. Going to bed / getting up / early / be / good / your health.
 → _____
4. You / should / eat / colour / vegetables/ fruit.
 → _____
5. Exercise/ daily/ help / you / be / happy / positive.
 → _____



The end



TASK1. Listen to an interview about Trang's hobby. Fill in each blank in the mind map with ONE word or number.

1. Her hobby is: building _____
2. She started her hobby: _____ years ago
3. She shares her hobby with: her _____
4. To do her hobby Trang needs:
 - a) cardboard and glue to build the _____ and furniture
 - b) _____ to make some dolls
5. Benefits: She becomes more patient and _____

TASK2. Listen again and give short answers to the questions.

1. What do healthy habits help you avoid?
2. What do fruit and vegetables provide you with?
3. How many hours do you need to sleep a day?
4. How should you keep your room?

TASK3. Listen to Tom and Linda talking about their community activities last summer. Circle the correct answers.

1. Linda and her friends taught _____.
A. English and literature B. maths and history C. English and maths
2. Linda and her friends _____ the elderly.
A. talked to B. cooked for C. read books to
3. Tom and his friends picked up _____.
A. books and paper B. bottles and books C. paper and bottles
4. Tom and his friends _____.
A. grew some trees B. tutored maths C. cleaned schools

TASK4. Listen again and fill in each blank with no more than two words.

The benefits of volunteer activities

For Linda and her friends

- having a lot of (1) _____ - feeling useful

For Tom and his friends

- having a (2) _____ - working and playing together

- learning some (3) _____