



REPRODUCTIVE HEALTH & SEXUAL TRANSMITTER DISEASES

E-LKPD

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SCIENCE IX 2026/2027

Name : _____

Class : _____



LEARNING OBJECTIVE



1. Identify the factors that influence human growth and development
2. Define reproductive health.
3. Identify ways to maintain reproductive health.
4. Identify STDs and their causes.
5. Explain the transmission and prevention of STDs.

INSTRUCTIONS FOR USE

1. Review the lesson material explained by the teacher and the digital book provided.
2. Read each question carefully before answering.
3. Choose the correct answer for each multiple-choice question and observe the picture provided.
4. Answer the essay questions clearly and accurately.
5. Match each statement with the correct answer in the matching activity.
6. Complete all activities independently.
7. Check your answers before submitting your work
8. Click "Finish" to complete the worksheet, then select "Send Answers to My Teacher" if this option is available.



ACTIVITY



1. Which of the following behaviours can increase the risk of sexually transmitted diseases (STDs)?

- A. Maintaining personal hygiene
- B. Getting enough sleep
- C. Engaging in risky sexual behaviours
- D. Eating nutritious food

2. Match the sexually transmitted diseases in Column A with their correct causes in Column B!

Column A	Column B
Gonorrhoea	Human Immunodeficiency Virus (HIV)
Herpes	Treponema pallidum bacterium
Syphilis	Herpes simplex virus (HSV)
AIDS	Neisseria gonorrhoeae bacterium

3. Describe two ways adolescents can maintain reproductive health and explain why early detection of sexually transmitted infections is important !

Answer :



ACTIVITY



4. Write True (T) if the statement is correct or False (F) if the statement is incorrect.

- A. Reproductive health includes physical, mental, and social well-being.
- B. Sharing needles is one possible way of transmitting HIV
- C. Sexually transmitted infections can always be prevented by maintaining personal hygiene alone.

5. During puberty, two adolescents of the same age may experience different rates of physical growth and development. Which explanation best accounts for this difference?

- A. Physical growth is determined mainly by age, while nutrition and hormones have little influence.
- B. Genetic factors, hormonal changes, nutritional status, and environmental conditions can interact to influence growth and development.
- C. Adolescents who consume the same amount of food will always experience the same rate of growth.
- D. Differences in physical development are caused only by hormonal changes and are not influenced by genetic factors.





REFLECTION



Answer the following questions based on your learning experience.

1. What have you learned from today's lesson?

2. Which topic do you find difficult to understand?

3. How confident are you in understanding today's lesson?

- Very confident
- Confident
- Not very confident
- Need more help

