

Task 1: Vocabulary

Read the text and choose the correct answer (a, b or c) to complete each gap.

During (1) _____, young people experience many changes. Moving from childhood to adulthood is an important (2) _____. Teenagers often want to become more (3) _____ and make their own decisions. However, friends can create (4) _____ by encouraging them to behave in certain ways. Teenagers may also have (5) _____, when their feelings change quickly. Parents can help by listening calmly and giving support. With understanding, young people can learn to deal with challenges in a healthy way.

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|---|--------------------|------------------|---------------------|
| 1 | a. discovery | b. adolescence | c. security |
| 2 | a. influence | b. puberty | c. transition |
| 3 | a. independent | b. dependent | c. suspicious |
| 4 | a. family conflict | b. peer pressure | c. physical changes |
| 5 | a. hormones | b. growth spurt | c. mood swings |



Task 2: Vocabulary

Read the text and choose the correct answer (a, b or c) to complete each gap.

Teenagers sometimes feel (1) _____ about their appearance or what others think of them. They may prefer to (2) _____ with friends after school because friendship is important. Still, strong (3) _____ from friends can lead them to make poor choices. A small disagreement at home may become a (4) _____ if family members do not listen to each other. Talking openly can reduce worry and help everyone feel a sense of (5) _____.

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|---|----------------|------------------|--------------------|
| 1 | a. embarrassed | b. critical | c. self-conscious |
| 2 | a. hang out | b. occur | c. influence |
| 3 | a. discovery | b. peer pressure | c. security |
| 4 | a. transition | b. adolescence | c. family conflict |
| 5 | a. security | b. acne | c. hormones |

