PRESENT PROGRESSIVE

also known as present continuous

am/is/are + verb-ing

Remember: usually STATIVE VERBS are NOT used in the progressive (-ing) form.

Happening Now

It is raining.

I'm eating lunch now.

Temporary Actions

I'm working in New York this week.

Longer Actions in Progress Now

She's studying to be a doctor.

He's training for a marathon.

Fixed Plans

(often in the near future)

I'm meeting my friends after work.

Trends

More and more people are using cell phones to access the Internet.

LIVEWORKSHEETS