

1 A Write a word to fill the gaps.

subject pronoun	possessive pronoun
I	mine
you	1
2	ours
she	3
4	his
they	5

B Complete each sentence with a pronoun, *that*, *then* or *whose*.

- 1 _____ is this phone? Is it Jan's?
- 2 This toy has lost _____ head.
- 3 Have you seen my brother? I've got something for _____.
- 4 I finish work at 6 p.m. I'll message you _____.
- 5 You fell over in front of the class? Sorry, but _____'s really funny!
- 6 That glass is _____, not yours. I had my water in it.

2 Choose the correct word to complete the sentences.

- 1 Have you got **any** / **many** / **lots** apple juice?
- 2 There's **much** / **too much** / **too many** noise in here.
- 3 I need **a bit of** / **many** / **too much** time to finish this project.
- 4 Do we have **a bit of** / **enough** / **much** computers for everyone?
- 5 I'd love **any** / **enough** / **some** coffee.
- 6 We don't have **a lot of** / **many** / **some** money.
- 7 Would you like **enough** / **some** / **too much** lunch?
- 8 I'm **too** / **too many** / **too much** tired to go out tonight.

3 Put the words in the correct order to make sentences.

- 1 new boots? / me / Can / your / show / you
- 2 some / lent / Sofia / money. / I've
- 3 a leaving card / got / for Zack. / We've
- 4 passed / I've / to Maggie. / your email address
- 5 question. / me / asked / interesting / Naomi / an
- 6 all our customers / a short / I / to / email / sent
- 7 your / you / the woman / Did / name? / tell
- 8 for / Shall I / some flowers / mum? / your / buy



4 Put the words in brackets in the correct place in the sentences (1–6). Change the form of the words when necessary.

How to stop feeling stressed

We all experience some stress in our lives. A little stress is fine, but a lot of stress can be a problem. So, how can we stop this? Here are some tips.

- Get outside and do some exercise. ¹You don't have to _____ run _____ around a field (fast). A short walk can help.
- Do exercise with other people. ²I _____ go the gym _____ with a friend twice a week (normal). We do exercise and chat.
- ³Try to _____ eat _____ (healthy). Have a few of the unhealthy things you like but not a lot.
- Plan your day. Before, I tried to do too much. ⁴It often _____ went _____ (bad). It made me feel really stressed.
- Try to arrive early to things. ⁵I was so busy that I was _____ late _____ for meetings and appointments (often). That made my stress worse.
- Help other people. ⁶I _____ don't _____ have time to do this (always). But I try, because it makes me feel good and that takes away some stress.

5 Use the prompts in brackets to complete the conversation.

- A: (you / book / the meeting room for tomorrow / yet)
1 _____?
- B: No, not yet. I haven't had time.
- A: Have you invited everyone?
- B: Yes. (I / just / send / them all an invitation)
2 _____.
- A: Great, thanks.
- B: (Ed / already / reply)
3 _____.
- A: Good. What did he say?
- B: He can't come because he'll be on holiday tomorrow.
- A: Oh, right. It's an important meeting.
- B: I know, but (he / not / have / any holidays this year / yet)
4 _____.
- A: Hmm.
- B: He's going away next week. (He / already / pay for / a flight and hotel)
5 _____.
- A: OK, fine, but (he / still / not / finish / last month's report) He promised it days ago.
6 _____.

6 Add one word to each sentence.

- 1 It's hard understand Max sometimes.
- 2 It was really nice you to drive me home.
- 3 It exciting to think of living in another country.
- 4 It was wrong me to get angry – I'm sorry.
- 5 It's better get up early than to go to bed late.
- 6 Be careful to leave the oven on – you don't want to start a fire.

VOCABULARY

7 Choose the correct word to complete the sentences.

- 1 This dish is old and very **fair** / **valuable**.
- 2 I've spent all my money **for** / **on** a new phone.
- 3 Let's **cost** / **rent** some bikes and go cycling.
- 4 I paid a **fair** / **fine** price for these shoes.
- 5 We've had a few **offers** / **savings** for our business.
- 6 The price of milk has **increased** / **go up**.
- 7 This suit **bought** / **cost** a lot of money!
- 8 I've got quite a lot of **savings** / **spending** in my bank.

8 Match the countable nouns in the box with the uncountable nouns (1–10).

apartment battery chair jumper lorry
meal post suggestion suitcase word

- | | |
|-----------------|----------------|
| 1 accommodation | 6 furniture |
| 2 advice | 7 luggage |
| 3 electricity | 8 social media |
| 4 fashion | 9 traffic |
| 5 food | 10 vocabulary |

9 Complete the sentences with an adjective. The first letter is given.

- 1 This room is long and n..... Can we fit a bed in?
- 2 There's no coffee in the pot. It's e.....
- 3 The light in here is very b.....
- 4 Is that a metal spoon or a p..... one?
- 5 Touch this jumper. It's so s.....!
- 6 Your hair's w..... from the rain.

10 Complete the sentences with *did*, *played* or *went* and a sport in the box.

athletics cricket sailing skiing table tennis yoga

- 1 The man hit a ball with a piece of wood and then ran to a place and back as many times as possible. He
- 2 The woman stood on two pieces of wood and travelled down a mountain. She
- 3 The man lay on the floor and did slow exercises to relax. He
- 4 The man hit a small ball across a low net on a small table. He
- 5 The woman ran 100 metres. Then she ran and jumped as far as she could. She
- 6 The woman travelled across the water on a boat. She

11 Complete the social media conversation with the words in the box.

argument bit climbed crashed dropped
fell off forgot get pulled took

How was your weekend?

Busy! We had a party for my son Alfie in our garden. It's his birthday.

How was it?

Well, we didn't stop once. One boy
1 onto a table. He then
2 and hurt his knee. A girl
was cycling around on her bike.
She 3 into a tree.

I hope they're OK.

Yeah, they were fine. Alfie tried to
4 a toy down from the top shelf
in his bedroom and 5 the
whole shelf down on top of him.

Oh dear!

A boy and girl had an 6 The
girl 7 to bring a gift for
Alfie so she 8 the boy's gift
instead! While she was giving it back,
she 9 it and it broke.

Oh my goodness!

And finally, a girl 10 the
cake before we gave it to Alfie
because she was hungry.



And that was just in the
first twenty minutes!



12 Complete the sentences. The first letter of each word is given.

- 1 I need a p..... for some strong painkillers.
- 2 I've got a really s..... throat this morning.
- 3 I feel d..... when I stand up.
- 4 I get p..... knees when I sit for a long time.
- 5 I've got a stomach a..... from all the food I ate.
- 6 I'm waiting for some test r..... from the surgery.