

Name: _____

Push and Pull Forces

Pushes and pulls are forces. You can make something start or stop moving when you push or pull it.

Activity

Below are some pictures of children using pushing and pulling forces. Write down push or pull in the force box. Does the force cause something to **start** or **stop** moving? In the second box, write **Start** or **Stop**.



force:



force:



force:



force:

When you kick a soccer ball, WHAT TYPE of **force** do you use? Can you describe OTHER SPORTS or ACTIVITIES THAT involve pushing or pulling?



force:
