

Part 1
[8 marks]

Questions 1 to 8

Read the text carefully in each question. Choose the best answer A, B or C. For each question, mark the correct answer A, B or C on your answer sheet.

Dear Diary,

Today's cultural exchange at school was eye-opening. I initially thought the traditional dance performance would be quite repetitive, but seeing the intricate costumes and the dancers' precise movements changed my view. It made me realise how much effort goes into preserving our culture. I feel inspired to learn more about my roots.

- Sarah

1. Sarah wrote the diary entry to express...

- A. her initial lack of interest in the school event.
- B. her change in attitude towards her own traditions.
- C. her admiration for the skill of the costume designers.

Green Boost Smoothie

1 cup fresh spinach (rich in iron)
1 green apple, sliced
½ cucumber
200 ml coconut water

Instructions

Blend all ingredients until smooth. For a colder texture, add ice cubes before blending. Drink immediately to enjoy the maximum nutritional benefits.

2. To get the best health results from the smoothie, one should...

- A. use only fresh spinach for its high iron content.
- B. include ice cubes to reach a colder texture.
- C. have the drink as soon as it is prepared.



SERTAI TELEGRAM @exercise_students

Tech Alert: The "Dark Mode" Benefit

Most modern smartphones now offer a "Dark Mode" setting. Beyond just looking sleek, using this feature can significantly reduce eye strain, especially when using your device in low-light environments. Additionally, for phones with OLED screens, it helps extend battery life by using less power to light up the display.

3. What is a primary advantage of using "Dark Mode"?
- A. It allows the smartphone battery to charge more quickly.
 - B. It lessens eye discomfort when browsing in dark settings
 - C. It requires extra power to provide a sleek look for OLED screens.

SMART SPENDER WORKSHOP

Are you always broke by the end of the month?

Learn how to:

- Distinguish between **Needs** and **Wants**.
- Create a realistic weekly budget.
- Avoid common marketing traps in shopping malls.

Date : 15 November 2026

Venue : School Hall

Fee : RM5 (includes a workbook)

Limited to the first 50 students!

4. The main goal of the Smart Spender Workshop is to...
- A. help students become more responsible with their finances.
 - B. offer complimentary workbooks to every student in the school.
 - C. share techniques on how to find the best deals at shopping malls.

MUAR, Monday – A local secondary school has successfully launched its first "Eco-Tech Hub". The facility features high-tech hydroponic systems and solar powered charging stations. The principal stated that the project aims to expose students to sustainable technology. Since its opening last week, student participation in science projects has increased by 40%.

5. What is the main result of the Eco-Tech Hub's opening?
- A. It allows students to charge their personal devices using sustainable energy.
 - B. It has led to a significant growth in student involvement in scientific work.
 - C. It is recognised as the first facility in Muar to offer high-tech hydroponics.

The "Batik" Revival

Once seen as formal attire for the older generation, Batik is making a significant comeback among Malaysian youth. Modern designers are incorporating traditional patterns into contemporary streetwear like hoodies and sneakers. This fusion allows the younger generation to embrace their identity while staying trendy in a globalised world.

6. The passage suggests that Batik is becoming popular among young people by...
- A. copying the clothing styles of older people in a globalised world.
 - B. providing cheaper production costs than modern footwear.
 - C. mixing traditional designs with modern fashion trends.

Forest Bathing: A Natural Remedy

"Forest bathing" or *Shinrin-yoku* is the practice of spending time in a forest to improve well-being. Unlike a fast-paced hike, the goal is to sit or walk slowly, engaging all your senses. Research indicates that this mindful interaction with nature significantly lowers stress hormones and boosts the immune system, providing a much-needed break from our digital lives.

7. How is "forest bathing" different from a normal hike?
- A. It emphasises mental awareness instead of physical exercise.
 - B. It demands much higher levels of physical speed and power.
 - C. It requires modern digital devices to track personal health.

SAVE MORE WITH "REFILL-IT"!

Why pay for a new plastic bottle every time? Visit our station at Muar Mall and refill your laundry detergent or dish soap at half the price of a new pack.

- Step 1: Bring your empty container.
- Step 2: Choose your product.
- Step 3: Pay by weight.

Help your wallet and the planet!

8. The "Refill-It" service is beneficial because it...
- A. lowers personal spending and decrease environmental pollution.
 - B. provides free cleaning products for all regular customers.
 - C. offers new plastic containers for those who pay by weight.

Part 2
[10 marks]

Questions 9 to 18

Read the text below and choose the best word for each space. For each question, mark the correct letter A, B, C or D on your answer sheet.

The Rise of Sustainable Urban Farming

Urban landscapes are currently going through a massive green revolution

(0) as sustainable urban farming gains popularity worldwide. Traditionally, city dwellers (9) rely almost completely on rural areas for their food supply. However, the environmental cost of transporting produce across long distances has become (10) prohibitive, leading to a push for local solutions. To address this, many city planners are now implementing vertical farms into the urban fabric to reduce carbon (11) footprint.

These farms often utilise sophisticated hydroponic systems, which use nutrient-rich water instead of soil. This method is highly efficient. (12) Consequently, it requires significantly less space than conventional farming. Many young entrepreneurs have decided to (13) launch these green projects to improve local food security and provide chemical-free options. While some critics argue that the initial setup costs are (14) prohibitive, proponents believe the long-term benefits to public health are worth the investment.

Looking ahead, experts predict that urban agriculture plays a (15) crucial role in our lives. As more people move to cities, the demand for fresh, (16) locally grown food will continue to rise. Despite the challenges of limited space and light, technological (17) advances are making indoor farming more practical. If cities continue to innovate, we (18) will see a future where every skyscraper produces its own vegetables. This shift not only protects the environment but also ensures a healthier lifestyle for the next generation.



SERTAI TELEGRAM @exercise_students

- 0 A. as B. since C. while D. during
- 9 A. relied B. trusted C. counted D. appealed
- 10 A. superior B. ultimate C. enormous D. excessive
- 11 A. leakages B. emissions C. discharges D. appearances
- 12 A. Moreover B. Therefore C. Otherwise D. Alternatively
- 13 A. operate B. perform C. launch D. produce
- 14 A. limited B. invaluable C. prohibitive D. inexpensive
- 15 A. serious B. urgent C. intent D. vital
- 16 A. nearly B. locally C. closely D. recently
- 17 A. inventions B. achievements C. advancements D. equipment
- 18 A. might B. should C. must D. would

Part 3**[8 marks]****Questions 19 to 26**

You are going to read an article about a student's experience with modern technology during a school event. For questions 19 to 26, choose the correct answer (A, B, C or D) and mark the correct letter A, B, C or D on your answer sheet.

The Day the Future Arrived

Adam sat at his wooden desk, staring at his battered textbook. To him, science was just a collection of dry facts. However, everything changed last Monday when his school launched 'Tech Week.' The hall was filled with bright screens and strange headsets. Adam's teacher, Mr. Hanif stood at the front with a wide smile. While his classmates were cheering, Adam felt nervous. He preferred his pen and paper and wasn't sure if these expensive gadgets were actually useful for learning or just fancy toys that would eventually break.

His first stop was the 'Virtual Physics' booth. Adam put on a heavy VR headset and suddenly, he was standing on the surface of Mars. A robotic voice asked him to build a bridge using different materials. When he used thin steel, the bridge collapsed under the planet's gravity. The program didn't just say "Game Over". Instead, it showed a graph explaining why the structure failed. This interactive experience made Adam realise that physics wasn't just about memorising formulas; it was about solving real problems through trial and error.

Later that afternoon, Adam joined the 'Digital Fitness' challenge. Every student wore a sleek smart band during a 20-minute run. As Adam ran, he watched his heart rate climb on a giant screen. For the first time, he saw the direct connection between his breathing and his heartbeat. Mr. Hanif explained that this data helps athletes train safely. Adam felt like a professional scientist monitoring his own body. He realised that technology could help people stay healthy by providing personal information that a normal watch simply couldn't show.

However, the day wasn't without drama. During a group discussion, a student named Sarah voiced her concerns. She argued that if we let AI do all our homework, our brains would become "soft". She was worried that students would stop trying to understand the "how" and "why" of a problem and just wait for a machine to provide the answer. Adam listened intently. He realized Sarah had a point; technology is a great servant but a poor master. It was a sign that even with the best computers, the human mind must stay sharp.

As the event continued, Adam noticed a group of visiting students from a remote village. They looked at the tablets with amazed eyes. One told Adam that in their village, the internet was so slow they could hardly open an email. This made Adam feel guilty. He realised that while he was complaining about his gadgets, many others didn't even have the chance to use them. He understood that this "digital gap" is a serious problem that needs to be fixed so that everyone has a fair start in life.

Before leaving, Adam attended a talk on 'Digital Footprints'. The speaker explained that every time we use a device, we leave a trail of information. Adam looked at his phone and felt uneasy. He learned that being "cyber-smart" isn't just about having the latest phone; it's about knowing how to lock your doors in the digital world. He realised that his privacy was precious and that he needed to be more careful about what he shared with strangers on the internet.

The final demonstration was magical. Using Augmented Reality (AR), Mr. Hanif made a 3D model of the solar system appear in the middle of the room. Planets rotated around the students, and they could "touch" the rings of Saturn. Adam saw that Mr. Hanif wasn't being replaced by the machine. Instead, the technology made the explanation much more exciting. The teacher was like a guide in a digital museum, helping students navigate through a sea of information.

Walking home, Adam didn't look at his textbook the same way. He understood that technology is not here to take away our humanity but to expand it. He felt inspired to learn more, not because he had to pass an exam, but because he wanted to be part of the developments that shape the future. He realised the future wasn't just something that happened—it was something he could help build, provided he used the tools of technology wisely.

19. What was Adam's main doubt about the school's 'Tech Week'?
- A. Whether the digital devices had any real educational value.
 - B. Whether his old textbooks were better than the glowing screens.
 - C. Whether the expensive equipment would break during the event.
 - D. Whether he could enjoy the event as much as his cheering classmates.
20. What did the VR physics simulation help Adam understand?
- A. Solving the actual issues by making mistakes.
 - B. Memorising formulas is a key aspect of physics.
 - C. Data can explain the reasons behind a physical failure.
 - D. Steel is the only material used to build bridges on Mars.
21. Adam felt like a "professional scientist" in the fitness challenge because...
- A. he saw his heart rate climb on a giant screen while running.
 - B. he was using digital data to observe his own body's reactions.
 - C. he was able to follow the advice of Mr. Hanif during the activity.
 - D. he was learning how athletes use technology to train without injury.

22. What was Sarah's primary concern regarding Artificial Intelligence (AI)?
- A. Programs like AI would eventually take over the teacher's duties.
 - B. Students would focus on getting results instead of learning the process.
 - C. Using technology would make students become "servants" to machines.
 - D. AI tools would make school assignments too difficult for the brain to handle.
23. What did Adam realise after talking to the students from the remote village?
- A. Rural students are more interested in digital tablets than urban students.
 - B. Sharing his own electronic devices would solve the connectivity issues.
 - C. The advantages of modern science are not equally available to all.
 - D. His personal dissatisfaction with his gadgets was unjustified.
24. What does the speaker mean by the advice to be "cyber-smart"?
- A. Knowing how to lock the doors of the room where you keep your phone.
 - B. Ensuring that your personal information does not leave a trail online.
 - C. Identifying the latest gadgets that have the most advanced features.
 - D. Understanding how to protect your digital identity from strangers.
25. What is the role of technology in Mr. Hanif's classroom?
- A. It replaces the teacher as the main source of information.
 - B. It allows students to visit digital museums without a teacher.
 - C. It makes the solar system appear more real than it actually is.
 - D. It acts as a tool that assists the teacher in guiding the students.
26. What is the writer's final conclusion about the future of technology?
- A. Scientific tools are most effective when they are used to improve humanity.
 - B. New innovations should be prioritized over traditional learning materials.
 - C. Students must master technology only to achieve success in their exams.
 - D. The digital future is something that happens regardless of human effort.

Part 4

[6 marks]

Questions 27 to 32

You are going to read an article about a student's journey toward financial literacy. Six sentences have been removed from the article. Choose from the sentences A to H the one which fits each gap (1 to 6). There are two extra sentences which you do not need to use.

Mark your answers on the separate answer sheet.

Learning to Spend Wisely

Living in a world dominated by technology makes it difficult to ignore the pressure to purchase new products constantly. Like many of my friends, I used to spend hours browsing social media, where influencers frequently displayed the latest devices and fashion. It felt as though owning these brands was essential for my reputation. 27 . This expensive habit was exhausting and often left my savings completely empty.

The major change occurred when I examined my bank statement at the end of the month. I had aimed to save for a school laptop, but my savings had disappeared on minor items I bought without thinking. 28 . It was a clear sign that I needed to transform my spending habits and become more responsible with my finances.

I began by identifying the difference between "needs" and "wants". While a new smartphone seemed like a need, my current device was still performing well. 29 .

I implemented a new rule where I would wait for two weeks before purchasing anything that was not a basic requirement. Frequently, I realised I did not actually desire the item anymore after the waiting period.

Furthermore, I analysed the impact of my shopping habits on the planet. I was surprised to discover the massive waste produced by the "fast fashion" industry. 30 . Learning this encouraged me to choose higher-quality clothes that last a long time. It was not just about saving money anymore; it was about protecting the environment.

To stay disciplined, I recorded every cent I spent in a personal diary. 31 . Reviewing the total cost of daily snacks and sugary drinks was a significant surprise. It became much simpler to avoid spending on things that were not important once I saw the data.

Today, I feel much more confident about my future. Managing your money is not about avoiding all enjoyment or living a dull life. 32 . By mastering these skills now, I am preparing myself for a more balanced and successful adulthood.

A I began to realise I was only buying things to impress other people. B My parents decided to increase my monthly pocket money significantly. C It is about making informed choices that provide you with a better future. D I was shocked to see that I had wasted a large amount on unnecessary items.	E Consequently, I decided to keep using it instead of replacing it. F Most clothes are manufactured in various factories located abroad. G This helped me conclude that cheap prices often cause damage to nature. H This daily record demonstrated exactly how my budget was being used.
---	---



SERTAI TELEGRAM @exercise_students

Part 5

[8 marks]

Questions 33 to 40

You are going to read a text about six people talking about their cultural traditions. Read the texts below and answer the questions that follow.

TRADITIONS IN MALAYSIA

A – MEI: THE TRADITIONAL DANCER

I have practised the fan dance since childhood. To me, the most significant aspect of our tradition involves expressing storylines through movement. During the Lunar New Year, our group performs for the public. We wear vibrant silk costumes passed down from our ancestors. This practice effectively preserves our history for future generations.

B – ADAM: THE FOOD LOVER

In my household, culture revolves around the kitchen. Every weekend, my mother demonstrates how to prepare original Malay cuisine. We avoid modern tools, choosing instead to crush spices manually with stone tools. My mother claims this traditional method boosts the flavour while teaching us patience and respect for our origins.

C – SARA: THE FESTIVAL SUPPORTER

I appreciate the Deepavali festival due to the complex 'Kolam' we construct at our entrance. We use coloured rice to arrange beautiful patterns on the floor. This serves to welcome guests and invite happiness and success. My family and I dedicate hours to ensuring the designs have no mistakes. It is a collaborative effort that encourages us to discuss our ancestry.

D – JOHAN: THE LANGUAGE LEARNER

I maintain that the most vital element of culture is our speech. I was raised in a remote village where we communicated using a unique regional dialect. Currently, many youths prefer global languages. Consequently, I established a society to encourage children on traditional folk songs. Preserving our language ensures we maintain our community's unique culture.

E – DANIEL: THE MODERN MUSICIAN

I perform using the 'gambus', a traditional instrument. However, I enjoy blending classical tunes with contemporary pop. My colleagues and I produce tracks in professional studios using sophisticated technology. We believe that for culture to survive, it must progress to suit the modern era. Audiences appreciate this fusion because it feels creative and energetic.

F – LISA: THE WEDDING GUEST

Participating in wedding ceremonies is my preferred cultural activity. I admire the elegant decorations and the sophisticated traditional attire. I typically purchase a new outfit for every occasion to maintain a polished appearance. These events provide an excellent opportunity to reconnect with distant relatives and document memories for social platforms.

Questions 33 to 36

Which facility (A – F) is suitable for each individual below? Mark your answers on the separate answer sheet.

Statements

Paragraph

- 33 I believe that cooking without modern tools helps us learn patience. _____
- 34 I participate in a traditional performance during a major festival. _____
- 35 I am worried that the younger generation might forget our local way of speaking. _____
- 36 I use colourful ingredients to decorate the entrance of my home. _____

Questions 37 to 40

Farah has asked for her friend's opinion, Hannah about a school cultural project. Complete the notes below using information from the text. Choose **no more than one word** from the passage for each answer. Write your answers on the separate answer sheet.

To	hannah_09@gmail.com	From	farah17@gmail.com
Subject	School Cultural Project		

Hi Hannah,

I've been reading some interesting stories for our cultural project. I think we should talk about how traditions are being kept alive. For example, some people still use traditional (37) _____ instead of modern ones to make food taste better. Others focus on art; for instance, a family might spend a lot of time making sure their floor (38) _____ are perfect to welcome their guests. There is also a musician who uses (39) _____ to mix old songs with modern pop. I personally like the idea of traditional weddings because they are a great way to meet (40) _____ who live far away.

What do you think we should focus on?

Your friend,
Farah

KERTAS PEPERIKSAAN TAMAT



KERTAS JAWAPAN CALON
English 1119/1 (Reading and Use of English)

NAMA: _____

KELAS: _____

Question	Mark your answer	Part 1 [8 marks]
1	(A) (B) (C)	
2	(A) (B) (C)	
3	(A) (B) (C)	
4	(A) (B) (C)	
5	(A) (B) (C)	
6	(A) (B) (C)	
7	(A) (B) (C)	
8	(A) (B) (C)	
Question	Mark your answer	Part 2 [10 marks]
9	(A) (B) (C) (D)	
10	(A) (B) (C) (D)	
11	(A) (B) (C) (D)	
12	(A) (B) (C) (D)	
13	(A) (B) (C) (D)	
14	(A) (B) (C) (D)	
15	(A) (B) (C) (D)	
16	(A) (B) (C) (D)	
17	(A) (B) (C) (D)	
18	(A) (B) (C) (D)	

Question	Mark your answer	Part 3 [8 marks]
19	(A) (B) (C) (D)	
20	(A) (B) (C) (D)	
21	(A) (B) (C) (D)	
22	(A) (B) (C) (D)	
23	(A) (B) (C) (D)	
24	(A) (B) (C) (D)	
25	(A) (B) (C) (D)	
26	(A) (B) (C) (D)	
Question	Mark your answer	Part 4 [6 marks]
27	(A) (B) (C) (D) (E) (F) (G) (H)	
28	(A) (B) (C) (D) (E) (F) (G) (H)	
29	(A) (B) (C) (D) (E) (F) (G) (H)	
30	(A) (B) (C) (D) (E) (F) (G) (H)	
31	(A) (B) (C) (D) (E) (F) (G) (H)	
32	(A) (B) (C) (D) (E) (F) (G) (H)	
Question	Mark your answer	Part 5 [8 marks]
33	(A) (B) (C) (D) (E) (F)	
34	(A) (B) (C) (D) (E) (F)	
35	(A) (B) (C) (D) (E) (F)	
36	(A) (B) (C) (D) (E) (F)	
Question	Write your answer	
37		
38		
39		
40		
TOTAL		/40