

Injury Dialogue Analysis

Read the dialogue between a coach and an athlete, Ryan. Then complete the tasks below.

Key Words

trip over — to fall because you hit something with your foot.

sore — painful when you touch it or use it.

pressure — the force of your weight pushing on something.

swell — to grow bigger than normal.

bandage — a long strip of cloth wrapped around an injured body part.

focus — to give all your attention to one thing.

The Dialogue

Coach:	Ryan, are you OK? Let me help you get up.
Ryan:	Thanks. I can't believe I tripped over that ball...
Coach:	What's wrong?
Ryan:	My ankle is really sore. I can't put any pressure on it when I walk.
Coach:	Oh dear. Let's have a look, shall we?
Ryan:	Ouch! That really hurts.
Coach:	Well, I can definitely see some swelling there. I think you have twisted your ankle.
Ryan:	Great! That's all I need.
Coach:	Let me quickly put a bandage on it. You need to go to hospital now to make sure it's OK.
Ryan:	I will. So, I guess I won't be playing in the match this weekend.
Coach:	No more football for you for a while. But don't worry about that. Just focus on getting better and rest that ankle.

Part 1: Correct the Statements

Read the dialogue again. Each statement below is false. Rewrite it so it is true, based on what the dialogue says.

1. Ryan has twisted his wrist.

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2. His coach put a band-aid on it.

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3. His coach told him to play in the match that weekend.

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Part 2: True or False?

Read each statement. Write **T** if it is true according to the dialogue, or **F** if it is false. If a statement is false, correct it.

4. Ryan fell because he tripped over a ball.

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5. Ryan can walk normally, but his ankle hurts a little.

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6. The coach tells Ryan to go to hospital to make sure his ankle is OK.

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Injury Vocabulary and Phrases

These words and phrases come from the dialogue between the coach and Ryan. In Part 1, match each word or phrase to its meaning. In Part 2, use the words to talk about sports injuries.

Part 1: Match the Words

Word	Meaning
trip over	The force of your weight pushing on something.
sore	A long strip of cloth wrapped around an injured body part.
pressure	To fall because you hit something with your foot.
swell	To give all your attention to one thing.
bandage	Painful when you touch it or use it.
focus	To grow bigger than normal.

Part 1b: Match the Phrases

Now match each phrase from the dialogue to what it means.

Phrase	Meaning
twisted your ankle	To push your weight down onto something, like the ground when you walk.
put pressure on	To turn your ankle in a way that hurts it, like Ryan did when he fell.
some swelling	A part of the body that has grown bigger than normal after an injury.

Part 2: Complete the Sentences		
	Word Bank	
trip over	sore	pressure
swell	bandage	focus
twisted	put pressure on	swelling

Complete each sentence about a sports injury. Use the correct form of a word or phrase from the word bank. You will not use every word, and some words fit more than one sentence.

- Maya was running for the ball when she _____ her ankle. Now she can't walk on it.

- The coach wrapped a _____ around Leo's wrist before he went back into the game.

- After the fall, Sam's knee started to _____, so it looked much bigger than normal.

- "Don't _____ any _____ on that foot for a few days," the coach said. "Rest it."

- My shoulder feels really _____ every time I throw the ball, so I stopped playing.

- Be careful in the gym — you could _____ over a bag left on the floor.

- The doctor saw some _____ around Ryan's ankle and knew right away that it was injured.

- "Don't think about the match this weekend," the coach told Ryan. "Just _____ on getting better."

- Think of a sports injury you or someone you know has had. Write two sentences about it. Use at least two words or phrases from this activity.

Spot the Error: Injury Grammar

Read each sentence below. Each one has a mistake — either a wrong verb tense or a wrong injury word. Find the mistake and write the corrected sentence on the lines.

Grammar Reminder

Present perfect — use *have/has + past participle* for a recent injury that matters now:

*I think you **have twisted** your ankle.*

Future with *won't be* — use it for a consequence of the injury:

*I guess I **won't be playing** in the match this weekend.*

1. I think you have twist your ankle.

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2. My ankle is really sore. I can't put any pressure on it when I **walked**.

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3. I guess I **don't play** in the match this weekend.

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4. Let me quickly put a **band-aid** on it. You need to go to hospital now.

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5. The coach told Ryan to **focus** on the match, not on getting better.

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Challenge: Write one new sentence about Ryan's injury using the present perfect (*has twisted*), and one using the future (*won't be*).

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