



Bored or Boring?

-ED vs. -ING Adjectives • Feelings & Emotions



-ED

describes how a PERSON FEELS

e.g. I am bored.

-ING

describes what CAUSES the feeling

e.g. The movie is boring.

! Write the correct form of the word in brackets: -ED or -ING.



1. The roller coaster at the fair was really _____ (excite)!



2. I was _____ (surprise) when my friends threw me a party.



3. This math problem is very _____ (confuse). I don't understand it.



4. The students were _____ (bore) because the class was too long.



5. Our team lost the final. It was a _____ (disappoint) result.



6. Sara felt _____ (embarrass) when she fell in front of the school.



7. A warm bath after a long day is so _____ (relax).



8. We were _____ (amaze) by the magician's tricks.



9. The story had a _____ (surprise) ending. Nobody expected it!



10. Leo is _____ (excite) about his trip to the beach next week.



11. Forgetting my lines in the school play was _____ (embarrass).



12. My parents were _____ (disappoint) when they saw my grades.



13. Grandpa feels _____ (relax) when he reads in the garden.



14. That documentary was so _____ (bore) that I fell asleep.



15. The teacher's instructions were _____ (confuse), so we asked again.

Remember: -ED = I feel it -ING = it makes me feel

