

Language Composition

[HO1-HO2] Body Paragraphs: Organization



Name: _____ Class: _____ Date: _____

Today's Task: Learn the four parts of a body paragraph and build one together.

Body paragraphs in an expository essay needs four parts:

1. **Topic Sentence (TS):** Write a clear sentence about what the paragraph will explain.
2. **Supporting Details (SD):** Tell the reader what it means in detail.
3. **Examples(E):** Give specific facts, details or definitions to explain the point.
4. **Connection(C):** End the paragraph with a sentence showing how this point connects back to the topic.

Part 1: Identify the Parts (Class Reading)

Read the paragraph below with your teacher. Notice how the four parts work together in order.

(TS) One bad effect of spending too much time on a phone is poor sleep. **(SD)** The bright blue light from the screen makes the brain think it is daytime, so it is very hard to relax. **(E)** For example, many students who watch videos late at night cannot fall asleep for hours. **(C)** As a result, this lack of sleep causes them to feel very tired the next morning at school.

Part 2: Label the Parts

Read the sentences below about eating fast food. Write the correct letters (**TS**, **SD**, **E**, or **C**) on the line next to each sentence.

1. _____ For example, a student who eats a large burger for lunch will often feel very sleepy in their afternoon class.
2. _____ One bad effect of eating fast food is having low energy.
3. _____ As a result, a bad diet connects directly to feeling tired at school.
4. _____ Heavy, greasy food makes the body work very hard to digest it, leaving no energy for the brain.

Part 3: Match the Topic to the Connection

The Connection (C) sentence must match the Topic Sentence (TS). Draw a line to match the correct Topic Sentence to its Connection.

(TS) Topic Sentences:

1. One bad effect of spending too much time on a phone is poor sleep.
2. Another negative effect of using a phone in class is bad grades.

(C) Connections:

- A. Therefore, using digital devices in school connects directly to failing tests.
- B. As a result, this lack of rest causes students to feel very tired the next morning.

Part 4: Put It All Together (Fill in the Blanks)

Now, build a full T-S-E-C body paragraph about **eye pain**. Use the hints in the parentheses to fill in the blanks.

(TS) Another bad effect of looking at phones all day is _____ (noun: a problem with your eyes).

(SD) Looking at a bright screen makes the eyes work very hard, and people often forget to _____ (action word: what your eyes do, e.g., blink / close) when they watch a video.

(E) For instance, a student playing games for three hours might get _____ (a physical feeling, e.g., headaches / dry eyes) and cannot see clearly.

(C) Therefore, using screens too much connects directly to long-lasting _____ (noun, e.g., pain / damage) for students.

Write one full body paragraph

Practice writing a full body paragraph with our own essay topic:
