1. **Read the text and match the times to the activities.**

A typical school day

– by Leo

I get up at 7 o'clock and get dressed. My breakfast is cereal or toast. Then I prepare my school bag and go to school at 8 o'clock. I usually walk to school but sometimes I go on the bus. School starts at half past eight and finishes at 3 o'clock. Lunch is at 1 o'clock. I usually have sandwiches or a salad. After school I go home. Dinner is at half past seven. After dinner, I do my homework and go on the internet. I go to bed at half past nine.

1	7.00 am	.....	**a** have dinner
2	8.00 am	.....	**b** go home
3	8.30 am	.....	**c** go to bed
4	1.00 pm	.....	**d** get dressed
5	3.00 pm	.....	**e** leave the house
6	7.30 pm	.....	**f** start school
7	9.30 pm	.....	**g** have lunch

LIVEWORKSHEETS

2. Think about the activities you do in a typical day and what time you do them. Use the ideas in Exercise 1 and your own ideas.

LIVEWORKSHEETS

3. **Choose the right word(s) to complete the sentences.**

1 My sister *makes / is making / am making* pancakes at the moment.

2 I usually *serve / serving / am serving* pancakes with honey.

3 *Are you / Do you / Is he do* work at weekends?

4 What *do you usually have / are you usually having / you're doing* for lunch?

5 He *not working / doesn't work / isn't working* today. He's playing football.

6 We *have / are having / having* lunch at the same time every day.

7 They often *have / having / are having* fruit for breakfast.

8 I'*m not cooking / don't cook / cooking* lunch today. My dad is.

LIVEWORKSHEETS

4. **Complete the sentences with the verbs from the list. Use the present simple or the present continuous.**

do	help	listen	not get up	not work
not have	make	play		

1 He _____ at the moment. He's on holiday.

2 We _____ early at the weekend.

3 What _____ you _____ now? Do you want to go for a walk?

4 Sorry, I can't talk to you now. I _____ lunch!

5 I _____ two courses at lunchtime.

6 I usually _____ my sister with her maths homework.

7 We never _____ hockey at school.

8 What _____ you usually listen to?

LIVEWORKSHEETS

Who usually has eggs for breakfast?

Who has lunch at 12.30 pm?

Who goes home on foot after working?

Who does not get up at 7 am?

Who usually watches a film or read a book after dinner?

Who gets jogging every morning?

Who swims sometimes before going to work?

Who has lesson at school?

Who goes to work by bus?

Who finishes work at 6 pm?

LIVEWORKSHEETS