

# Hobbies, Free Time & Leisure

## Part 1: Warm-up & Definition

### Task A:

Discuss in pairs. What is the actual difference between **having a hobby, killing time, and a daily chore**?

Write down a short definition of what a "hobby" means to you using the prompts and useful expressions below.

- *A hobby is an activity that we do willingly for...*
- *Unlike chores, it gives us a sense of...*

### Useful Expressions:

- *It allows me to unwind, switch off, and recharge my batteries.*
- *It provides a sense of achievement and personal fulfillment.*
- *It serves as a much-needed escape from daily routine.*
- *It helps broaden one's horizons and discover new talents.*

## Part 2: Vocabulary & Categorization

**Task B:** Look at the activities below. Put them into the correct category (write the letters a–h): A)

*Bouldering | B) Calligraphy | C) Geocaching | D) Coding | E) Pottery | F) Parkour | G) Sudoku | H) Digital Painting*

1. **Indoor / Creative & Artistic:** \_\_\_\_\_
2. **Outdoor / Active & Adrenaline:** \_\_\_\_\_
3. **Mind & Strategy:** \_\_\_\_\_

**Your turn:** Invent at least **3 additional categories** of your own and add at least **1 example** for each:

4. \_\_\_\_\_ : \_\_\_\_\_
5. \_\_\_\_\_ : \_\_\_\_\_
6. \_\_\_\_\_ : \_\_\_\_\_

## Part 3: Equipment & Facilities Matching

**Task C:** Match the hobbies on the left with the correct equipment or facility on the right by drawing a line (or writing the matching letter):

| Hobbies                       | Equipment / Facilities              |
|-------------------------------|-------------------------------------|
| 1. Rock climbing / Bouldering | a. Canvas, easel, brushes           |
| 2. Painting                   | b. Half-pipe, helmet, knee pads     |
| 3. Billiards / Pool           | c. Chalk, climbing shoes, crash pad |
| 4. Skateboarding              | d. Cue, chalk, table with pockets   |

**Add your own:** Choose **3 different hobbies** and write down the equipment or facilities needed for them: 5. Hobby: \_\_\_\_\_ Needed: \_\_\_\_\_

6. Hobby: \_\_\_\_\_ Needed: \_\_\_\_\_

7. Hobby: \_\_\_\_\_ Needed: \_\_\_\_\_

## Part 4: Phrasal Verbs in Action

**Task D:** Complete the sentences using the correct phrasal verbs in the right form (*take up, give up, keep up with, try out, dive into, unwind*):

1. After a long and stressful week at school, I love to \_\_\_\_\_ by listening to ambient music or reading.
2. Mark decided to \_\_\_\_\_ pottery because he wanted to create something with his own hands instead of just staring at a screen.
3. With technology changing so fast, it's getting harder and harder to \_\_\_\_\_ the latest gaming trends.
4. She was so fascinated by ancient history that she decided to \_\_\_\_\_ headfirst into reading research papers.
5. I've always wanted to \_\_\_\_\_ extreme sports, maybe paragliding or skydiving.
6. He used to play the guitar every day, but he \_\_\_\_\_ it because he didn't have enough time for practice.

## Part 5: Adjectives for Describing Hobbies

**Task E:** Choose the most suitable adjectives from the box to describe the following activities and situations. (Some adjectives can be used more than once):

*time-consuming | rewarding | exhilarating | repetitive | solitary | costly | relaxing | stimulating*

1. Skydiving or bungee jumping: \_\_\_\_\_
2. Learning a complex musical instrument or programming:  
\_\_\_\_\_
3. Knitting or gardening after a stressful workday: \_\_\_\_\_
4. A hobby that requires expensive gear (like scuba diving or professional photography):  
\_\_\_\_\_
5. Painting alone in a quiet room: \_\_\_\_\_

## Part 6: Breaking Stereotypes (B2 Discussion)

**Task F:** Read the statements below. Do you agree or disagree? Discuss with your partner using the useful phrases box.

1. *"Ballet is strictly for girls, and rugby or wrestling is strictly for boys."*
2. *"Extreme sports and gaming are only for young people; older generations shouldn't bother."*
3. *"Are traditional crafts like knitting or woodworking outdated in the digital age, or are they making a comeback?"*

**Useful B2 Expressions for Opinions & Stereotypes:**

- *It's a common misconception that...*
- *Gender roles / Societal expectations shouldn't dictate what we enjoy.*
- *Hobbies are becoming increasingly gender-neutral nowadays.*
- *Age is just a number when it comes to true passion.*
- *I firmly believe that...*

## Part 7: Exam Practice (B2 Speaking Task)

**Task G (Roleplay / Collaboration):** Imagine your school wants to introduce an **"Unconventional Hobbies Club"** to help students step out of their comfort zones, break social stereotypes, and try something new.

In pairs, choose **two** activities from the list below (or invent your own) and discuss why they would be the best choices for the club:

- *Knitting / Crochet for teenage boys*
- *Weightlifting / Powerlifting for teenage girls*
- *Chess & Strategic Board Gaming for sporty students*
- *Coding & Digital Game Design for artistic students*

*Be ready to present your choice to the class and defend it using advanced vocabulary, adjectives, and linkers (furthermore, on the other hand, consequently).*